

SEPTEMBER 2016

TALK OF THE COLONY

THE OFFICIAL MAGAZINE OF THE FORD'S COLONY HOMEOWNERS ASSOCIATION



Back to School, Back to Basics

The Foundation of Ford's Colony p. 3

Cultivating Community Spirit p. 4

Volunteers for Education p. 8

Board of Directors Meetings

9/27/2016 – 9:30 a.m. 9/29/2016 – 2 p.m.
 Work Session Regular Meeting
 BOD Agenda and Minutes are available at fchoa.org

COMMITTEE MEETING CALENDAR

Activities Committee	9/2/2016	9 a.m. S&T
Communications Committee	9/7/2016	9 a.m. CSB-B
Facilities Committee	9/15/2016	10 a.m. CSB-A
Finance Committee	9/26/2016	2 p.m. CSB-B
Roads & Project Maintenance	9/21/2016	3 p.m. CSB-B
Security Committee	9/13/2016	3:30 p.m. CSB-B
Strategic Planning Committee	9/12/2016	3:30 p.m. CSB-B
Technology Committee	9/7/2016	4 p.m. S&T
Volunteer Management	9/14/2016	2 p.m. CSB-B

The Nominating Committee and Covenants Committee do not hold regularly scheduled monthly meetings. The committee meeting schedule can be verified at fchoa.org. S&T is Swim and Tennis Club; CSB is Community Services Building.

ARC August 2016

Completed		ARC Submission
Single Family	2,418	All construction, including additions and modifications to existing structures, must be approved by the Architectural Review Committee. Submission forms and guidelines are available at the Community Services Office, as well as on the fchoa.org website. Property owners may view any house or site plan on file with the ARC at the Community Services Office. The agenda for new construction and confirmation of meetings will be posted on the fchoa.org website (under Association, ARC tabs). The ARC meets on Tuesdays at 8:30 a.m. in the CSB on an as-needed basis.
Townhomes	80	
Eaglescliffe Condos	24	
Total:	2,522	
Under Construction	64	
Applications YTD:	28	
New Starts		When You Sell Your House. A Virginia-mandated HOA home compliance report must be provided to the buyer. Refer to the ARC webpage for more information.
Homesite 48/Section 30 - 228 Hurlston Wayne Harbin Builder Mr. and Mrs. Thomas Palmer		
Homesite 21/Section 33 - 204 Brickhampton Wayne Harbin Builder Mr. and Mrs. Thomas Hylinski		

PHOTO CONTRIBUTORS Jim Goodridge, Jill Rich, Jan Emmons, Jim Bowers, Frank Ruth, Jan York, Elizabeth Maslen, Eileen Cummings, Ted Hanson, Tom Thompson, Barb Plate
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FCHOA MANAGEMENT & SERVICES CONTACTS

Administration 757-258-4230
 FAX: 757-258-4065
communityservices@fchoa.net

General Manager Drew Mulhare
Assistant General Manager Sally Walls
Project Maintenance Manager Ryan Lee
Owner Services Coordinator Audrey Miller
Bookkeeping Administration Jo Lilley
Administrative Assistant Jenny Holland
Administrative Assistant Denise Sears
ARC Manager Lynn Combs
Recreation 757-258-4270
 Chris Schwenker, *Activities & Recreation Manager*
Security 757-258-4080
 Deb Brown, *Chief of Security* 757-258-4230

BOARD OF DIRECTORS
President Charlie Ohlinger
charlie.ohlinger@outlook.com 757-229-7568
Vice President Mark Mathews
mathews.fcbo@gmail.com 757-206-1073
Treasurer George Spalthoff
gus313@cox.net 757-258-2467
Secretary Pete Peterik
ppeterik.fchoa@gmail.com 757-345-0136
Director-at-Large Steve Riddle
stevenriddle.fcbo@yahoo.com 757-206-1181
Director-at-Large Bill Brenner
wrbrenner.fchoa@gmail.com 757-784-5744
Director-at-Large Bill Hever
wjhever.fchoa@outlook.com 757-221-7119

STANDING COMMITTEES
Activities Committee Debbie Abrams
dabramshome@hotmail.com 757-603-6630
Architectural Review Committee Rick Boye
fwboye@cox.net 757-220-8852
Communications Committee Barb Plate
FCcommunicationschair@gmail.com 757-345-2438
Covenants Committee Tim Runyan
trunyan@cox.net 757-345-2610
Facilities Committee Bruce Landefeld
blandefeld@cox.net 757-229-0637
Finance Committee Don Lehman
lehman@gvu.edu 757-603-6210
Nominating Committee Norm Beal
normanbeal@cox.net 757-565-3367
Roads and Project Maintenance Bo Moeller
bmoeller5.rm@gmail.com 757-206-1276
Security Committee Ray Van Cott
rvancott1@hotmail.com 757-565-1750
Strategic Planning Rick Beers
rgbeers1@gmail.com 585-474-2537
Technology Andy Hutchinson
andrewhutchinson@cox.net 757-229-4956
Volunteer Management Bob Mandala
FCVolunteerChair@gmail.com 757-345-6530

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Submit articles for publication to Jenny Holland at jholland@fchoa.net and to toceditorial@gmail.com. Submissions to the Activities section are due the 10th of the month preceding publication; all other material is due by the 5th. Copy is subject to approval, editing, and use by the Communications Committee.

Articles and advertisements printed here within do not imply any endorsement by the Homeowners Association or Realtec Community Services.

RESIDENT CONCERNS
 Any resident with a community maintenance concern should go to fchoa.org and click on *Report Maintenance Issue* or call RCS at 757-258-4230. Your message will be logged in and the concern will be tracked to its resolution.



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BILL HEVER
FCHOA
Director-at-Large

Volunteering: The Foundation Of Ford's Colony

When it comes to the governance of the Ford's Colony Homeowners Association, there is an unquestionable need for volunteers. We couldn't hold our assessments in check nor address HOA requirements without the work of those who serve on the 12 committees and two subcommittees that support the governance of the FCHOA Board. The Board, in turn, has the responsibility to maintain the Colony within the bounds of the budget, which undergoes a rigorous review and approval process.

However, the budget is a plan, and things rarely go exactly according to plan. From roads and walkways to facilities and drainage, unexpected maintenance needs arise, and those that impact safety and operational efficiency must take precedent. To mitigate these unanticipated issues, the Board depends on the investigation, analysis, and recommendations of the supporting committees. All major assets are on a multi-year schedule for maintenance, upgrading or replacement. This enables the Board to manage the budget and adjust spending. The committees also review these plans and make adjustments based on hard facts.

The Roads and Projects Maintenance Committee, for example, annually walks the roads scheduled for repair in the next budget year to determine which repairs are essential or can be deferred, potentially saving the community thousands of dollars. The Facilities Committee has a multi-year plan for the repairs and life

expectancy of our buildings and structures. They also determine the viability of our assets and their best use to meet community needs. Meanwhile, the Security Committee is currently evaluating our aging security access system. After benchmarking other associations and analyzing the costs and benefits of a new system, they are recommending significant changes that will require further review and staged implementation along with controlled expense.

Collectively, all of these items are beyond the time and expertise of the FCHOA Board. The suggestions, analysis, discussions and recommendations of the 12 committees make the community work. As a result, leveraging volunteer resources enables us to operate at a lower cost than our neighboring communities.

AN OPEN INVITATION

All the meetings of our governance committees are open to Ford's Colony residents. In fact, state law requires that the meetings be publicized and open. Meeting times and locations are published monthly in the *Talk of the Colony* and posted on the FCHOA.org website. You're welcome to attend to see how these committees operate. If you have an inquiry about the agenda for any upcoming committee meeting, you're invited to contact the chairperson. Attending these meetings can give you a perspective on the work done by these committees, help you evaluate your interest, and see where you might add value.

Personally, I was on the Roads and Projects Maintenance Committee without any background in roads, lighting, landscaping or drainage. However, I was able to contribute in other ways, such as assessing how best to allocate our limited resources. As a liaison to the Landscape Design Subcommittee without any back-

ground in horticulture, I was able to contribute to the discussions on how to improve the appearance of the Colony. In both instances, I met new people with varied backgrounds and viewpoints who wanted to make a difference. I established new friendships and found it very rewarding.

September is a significant month as many of the committee appointments terminate at year-end. You'll begin to see notifications and may even be personally contacted. The Nominating Committee works from a database of potential candidates and does its best to ensure that a wide variety of candidates are contacted. However, anyone interested can fill out a volunteer form on the FCHOA.org website.

There is a wide range of opportunities within Ford's Colony that could use your expertise and assistance. If one of the clubs interests you, reach out to learn more. You may be surprised at their quick response. If one of the FCHOA committees or subcommittees is intriguing to you, follow the link on the Ford's Colony website home page to submit your interests and background.

On behalf of the Board, many thanks to all the community volunteers for making this a special place. Whether serving in the HOA governance structure, an activity club, or any greater Williamsburg group, your efforts are much appreciated.



Give Back, Gain More!
Visit FCHOA.org to learn more.



DREW MULHARE,
PCAM®
FCHOA Manager

Cultivating Community Spirit

I often say that a developer creates a project, but residents create a community. That's certainly the case in Ford's Colony. Recognized for being the Number One Master Plan in the United States as well as a recipient of the Take Pride in America Award, Ford's Colony has earned numerous environmental, golf, landscape, and architectural awards. In addition, our community has been listed in several publications among the Top 50 and Top 100 best places to live.

Still, while Ford's Colony is an attractive place to be, it's the lifestyle that becomes "the hook" for those who live here. Opportunities to support our self-governed community and participate in a wide array of activities, clubs and special interests foster a strong sense of engagement and commitment. Indeed, the active involvement of our volunteers takes the concept of living in Ford's Colony to a deeper level. Many here have said that, from the moment they first drove through Ford's Colony, they knew they'd made the right choice. What's even more interesting, though, is that they say they had no idea how much more they'd come to love it here until after meeting their neighbors, join-

ing activities, and giving back their time and talents.

Most of us moved here with our primary friends being from our workplace and perhaps our children's network. Once here, however, we've made new friends as we've come together to share common interests. Our time residing in Ford's Colony is often longer than any other place we've lived. And here, we own more than our homes. We own a stake in a community that is run by us, for us.

Calling All Volunteers!

Just as September marks the beginning of the new school year, it's also the start of preparing for our upcoming year of programs and activities. The Board of Directors and Standing Committees have begun the planning and budget processes. They are also looking ahead in anticipation of filling vacancies being left by volunteers who will be completing their terms of service. These terms are staggered so that new volunteers have the benefit of working with experienced members. This means that each year we have openings to fill. If you've considered exploring volunteer opportunities in the Colony, now is a perfect time. Simply fill out or update the Volunteer Application Form on the fchoa.org website (see Association>Volunteer Info). Check out the calls for volunteers in the *What's Happening in Ford's Colony* e-newsletter. Call or email Community

Services if we can assist you in this volunteer process.

Community spirit is actively caring about each other and where and how we live. It's about our lifestyle, and it is because of you. Thank you to all our volunteers, past and present. We value your energy and enthusiasm. And if you're a newcomer, we extend a special invitation to join the governance in our committees and become a unique part of this incredible community.

Editor's Note: Ford's Colony is one of five case studies noted in *Best Practices: Community Harmony and Spirit* published by the Community Associations Institute's Foundation for Community Association Research. You can view the case study at cairf.org.



CURB APPEAL: AN IMPORTANT REMINDER

Architectural Review Committee (ARC) standards ensure that our community always puts its best face forward. Exterior standards include grilles in all windows and doors and refreshing the stain or paint for mailbox posts, roof vent pipes, fences, and deck railings. If you're selling your home, ask your Realtor about a compliance inspection or call Community Services at 757-258-4230 for a complimentary preliminary inspection.



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ACTIVITIES
Chris Schwenker,
CMCA®

FALL ACTIVITY AND FLU SHOTS

The summer season wraps up with the Westbury Pool closing on Labor Day. The Swim & Tennis pool will remain open on weekends from 10 a.m. until 6 p.m. through the end of September if temperatures are high enough for adequate pool use. Swim Club members may swim on weekdays at the S&T provided they fill out the required forms and obey the rules. Thank you ahead of time for doing both.

As school gets underway, we will continue to collect school supplies until September 9. The boxes are in the S&T Club foyer and Community Services Building for the remaining drop-offs.

September is the time when we all get back to our typical schedules. The clubs and groups will be returning to the S&T after taking the summer off. Our increased activities produce increased opportunities to run across the flu virus. Protect yourself and your family by getting your flu shots right here in Ford's Colony. Shots will be administered in the Lobby Room at the S&T Club by Certified Immunizer Michael Kammer, Registered Pharmacist of the Farm Fresh/Supervalu Pharmacies. Insurance coverage for the shots will be processed at the time of service, so please bring your insurance card with you.

FLU SHOTS:

September 27, 3 to 7 p.m.
October 8, 10 a.m. to 2 p.m.
October 19, 9 a.m. to 1 p.m.



MAINTENANCE
Ryan Lee,
CMCA®, PCAM®

PAVING THE WAY

A frequent question I receive from residents is "When will my road be paved?" and the follow-up question of "How do you determine which roads to pave?" The Roads and Project Maintenance (RPM) Committee and RCS use the Capital Reserve Study as a guideline to determine which of our 50 miles of roadway to pave each year. Inspections are performed on roads that are projected to need paving the following year, roads that are three to four years out in the Study, and other roads that we have concerns about.

In August, RCS and RPM reviewed 19 sections of roadway. The roads were graded using the Pavement Condition Index (PCI), a metric grading system used by VDOT. Comparisons to a prior year's PCI grade help determine how well a road is holding up. The decision about which roads will be overlaid next year will be made during the 2017 budget process, which runs through early November. Achieving the balance between having our roads in the best shape possible and being fiscally responsible is the goal. Deferring roads that are not yet in need of paving saves the HOA money often due to paving technique evolution. The FCHOA volunteers and RCS work together to implement the appropriate paving techniques at the appropriate time at a reasonable price.



SECURITY
Chief Deb Brown,
CMCA®, SCOP

KEEPING COLONY ACCESS SECURE

It's the Security Department's policy to have a record of all non-resident visitors, guests, contractors, and service providers who enter Ford's Colony. Unauthorized access due to tailgating occurs at an electronic gate when a second vehicle follows closely and quickly behind a gate card holder's vehicle as it passes through the gate. Sometimes this is actually purposely done by residents for convenience of guest entry. Gate card holders who circumvent the system and allow non-registered vehicles through an unstaffed gate can have their gate card privileges revoked. It is important that visitors proceed through the John Pott or Manchester guardhouse entrances for their entry.

Tailgating also occurs in an unplanned manner. If you happen to have a vehicle tailgate you through a gate, please notify the John Pott guardhouse and inform them of the gate and time at which it occurred. Doing so when you arrive to your residence safely is ideal. The Security staff can identify the vehicle license plate through recorded surveillance and take appropriate action to follow up with the vehicle owner to prevent this activity in the future.

Thank you in advance for your assistance in reducing the occurrences of this unauthorized entry.



BARB PLATE
Communications Chair

Oh, Happy Days!

We are about to embark on what many consider to be the best season of the year. It's time to enjoy cooler evenings when a second glass of iced tea or wine on the back porch just makes the day special. We can look forward to seeing the leaves turning, and venture out on a back-road drive to savor the palette of fall colors.

At a first glimpse of the September calendar, many look forward to Labor Day as one of those red-letter days for a variety of reasons. It might be an opportunity to have a family picnic, a beachfront barbeque, or take the last trip to some big attraction such as Busch Gardens. And for many, it's like starting a new calendar year—the school year! College students have already packed up the crates and bags of dorm or apartment supplies, and by now, parents have gotten that call—"Can you send me the box I left in my closet?"

For families with younger students, the supply lists have been checked off, and backpacks have been stuffed with all the necessities. But of course, there will be the last-minute trip to the office supply store for that special box of markers or a particular kind of folder or notebook that a teacher has insisted every kid have. (I know, because I might have been *that* teacher!)

For those of us who are past the school year calendar dictating our

routine, we can return to other favorites: getting back to a regular schedule of social events or club meetings; buying theater tickets for that show you've been dying to see, or planning a vacation, knowing it will be mostly adults in the museums and restaurants.

In this issue, we highlight volunteerism and especially how our Ford's Colony Volunteers for Education have been recognized for their efforts to serve in the community (see page 8).

Our high school students have also benefitted from the involvement of Ford's Colony residents. The Lafayette Booster Club, under the leadership of Kathy Woollum, president, and Kristan Holm, treasurer, Kim Osborne and other booster parents, recently brought the need for additional gym space to the WJCC School Board. As a result of this effort, the Board has plans for an addition in the near future.

Opportunities are plentiful to get involved in a service organization or interest group. Check out the ACTIVITIES section starting on page 34 for Colony service groups and clubs, and see page 15 for a list of many area organizations. Now is the time to try something you've always wanted to do.

Comments about *Talk of the Colony*? Email us at toceditorial@gmail.com.

*We Rise By
Lifting Others*

— Robert Ingersoll

GREEN TIP

Before the nights become much longer and the temperatures much cooler, now is a

good time to take stock of any energy deficiencies you may have in your home. You can do a home energy audit yourself or have one done professionally. Check out the Go Green webpages on the Ford's Colony website (fchoa.org>Go Green Introduction>Conservation) to view "Home Energy Audits."



"Think Pink" Night
Oasis Patio
September 9th ~ 5:00-8:30 PM
(Rain Date ~ September 16th)

DEFENSIVE DRIVING CLASSES

Saturdays, October 8 & October 15,
9 a.m. to 1 p.m.

Mondays, October 17 &
October 24, 1 p.m. to 5 p.m.

To receive credit for the class
you must attend both days
of either class.



RICK BEERS
Chair, FCHOA
Strategic Planning
Committee

Residents Survey: The First Step Toward the Five-Year Plan



In about a year, the Ford's Colony Homeowners Association is due to create an updated Five-Year Strategic Plan. For those unfamiliar with strategic planning, it is a structured process that large organizations use to determine what they want to be over the next five years and how to best get there. The FCHOA Strategic Planning Committee is tasked with the responsibility of the strategic planning process on behalf and with the approval of the FCHOA Board of Directors.

During 2016 we are collecting a wide variety of information which will enable us to prepare a "Situation Assessment" in early 2017, to be followed soon by the creation of the Strategic Plan itself. An absolutely vital task for us in 2016 will be the Residents Satisfaction Survey, to be administered during October this year. I cannot emphasize enough its importance; yes, it's about satisfaction, but

so much more. It is all about helping your HOA determine what we want to be over the next five years.

The goal in obtaining this information is to help Ford's Colony continue to realize its vision of being "the preferred residential community in the greater Williamsburg area, attracting families and individuals of all ages who value an active, involved lifestyle in a gracious living environment." All individual input will be aggregated, anonymously summarized, used in our strategic planning efforts, and shared with the FCHOA Board of Directors and select standing committees.

More information will be coming to you soon about this important survey. When it comes time, I urge you to participate.

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FORD'S COLONY VOLUNTEERS FOR EDUCATION

BY SUE MCSWAIN

Williamsburg/JCC School District's Volunteer Organization of the Year ... Matoaka Elementary School's Volunteer Organization of the Year ... Rawls Byrd Elementary School Volunteer Organization of the Year!

Clearly, the Ford's Colony Volunteers for Education team has been awarded for their efforts in more ways than one. This group of roughly 35 volunteers couldn't be prouder nor could they feel a stronger sense of giving back to the community while impacting the life of a child.

For the past seven years, Muriel Slaughter has assumed the role of director of the Ford's Colony Volunteers for Education (VFE). Muriel has always given back to her community; she has been volunteering since she was a young teen. This particular volunteer role, however, is particularly rewarding to Muriel as she gets the opportunity to work with children and see them blossom.

The VFE team provides tutoring to students of all ages with a focus on elementary school students. As the school year approaches, Muriel meets with representatives from the school district and individual schools to determine the need for tutors in the coming school year. The need is great; some schools so value the work of VFE, they would welcome a volunteer for each and every student. Children who need help with reading, math, and critical thinking, including AP students, are paired with a volunteer based on the volunteer's background and talent.



Destiney Harris, Matoaka Elementary School counselor, with volunteers Peggy Meyers, John Zivica, Lin Rosania, Ralph Spohn, Pat Archer, John Barone and some of their students.

Photo by Jim Goodridge, JPG Photo Events

Training and ongoing assistance are provided and volunteers need not be professional educators; volunteers have backgrounds in a variety of fields including law, health care, and science.

Volunteers can spend as little as an hour a week with two students. The

reward, though, belies the amount of time spent. According to Muriel, you see "WOW moments" all the time.

"That's when you know you've done something to improve somebody else's life."

If you would like to improve a child's life, email Muriel at mslaught-ter1@verizon.net or call her at 757-221-8232. She's sure to find you a spot.

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SEVENTEEN YEARS A VOLUNTEER

BY DOUG CUMMINGS

Eileen and I moved from New Jersey to Ford's Colony in 1998, and one of the first things we did was enlist as volunteers at Colonial National Historical Park. We had visited many national parks on many vacations, always had a great time, and met so many dedicated volunteers around the country. We had decided that when we retired we would do the same thing. Eileen chose Historic Jamestown, and I chose the Yorktown battlefield. It's been over 17 years, and it's hard to believe I'm still there.

I began at the information desk at Yorktown, and found I really had to bone up on my Revolutionary War history. The questions were endless. What I discovered was Americans know a lot about Civil War history but not as much about the American Revolution. Park rangers will tell you that at Civil War sites, like Fredericksburg, Gettysburg, Antietam, and Shiloh, you may be talking to folks who know a lot more about a little bit than you do. Many people know exactly where their ancestors were and what they were doing at any given time during the Civil War. With the Revolution, not so much. In fact, one of the most gratifying things I experience is watching people page through our list of Yorktown battle participants (American, British, German and French), and seeing them discover the relative they thought might have been here.

Knowing that I have a Master of Arts in Colonial History, the chief



Photo by Eileen Cummings

ranger suggested I develop a walking tour for the battlefield. Many of the rangers have their own tours, each one personalized, so I began to develop my own. In 2005 I began to give a 45-minute walking tour on the siege line surrounding the battlefield, and it proved to be popular. And so I've been doing it once a week for the last 11 years. I've since added a 45-minute walking tour into the town of Yorktown, talking about the town as a tobacco port, the marvelous Victory Monument and Main Street with all its historic homes.

Over the years, I've had a wonderful opportunity to meet senators, congressmen, generals, admirals and numerous celebrities. It was really fun to see the late Joan Rivers and Judge Judy trying to be inconspicuous in the Visitors Center, as well as talking to a senior U.S. senator in shorts and tee shirt with his grandkids in tow, just

being Grandpa. But the best is just the regular folks from all over the country and the world who are interested in learning more about what happened right here in our area. I have developed such respect for our National Park rangers who know so much but are always looking for more information on a subject on which they are already experts, so that they can share with visitors.

In 2010, I decided to expand a bit and share what I had learned with the Christopher Wren Association. I started with a three-week class on the Battle of Yorktown and over the last six years have expanded to include classes on Washington, the Revolution, and John and Abigail Adams. Somehow word got out, and I have since addressed the Sons of the American Revolution twice, the Presbyterian Men's Group, the Methodist Men's Group, the Kingsmill Men's Lunch Group and our own Friends and Neighbors. Early in life I thought I would teach, and it only took me to about age 70 to actually do it, and it has been very rewarding.

In addition to volunteering at the national park, I was a home inspector for the EEC at Ford's Colony for about 10 years, volunteered with Colonial Williamsburg for 13 years, and the Red Cross for four years. I still drive for Meals on Wheels and sneak in a little golf about once a week. This certainly keeps me busy, interested, active, and out of trouble. I know the *Talk of the Colony* has frequent articles about volunteering. I wholeheartedly endorse this and personally feel that greater Williamsburg and our entire community would never be the success it is without the support of volunteers, particularly those from Ford's Colony.

**Volunteers are
the heartbeat
of Ford's Colony.**

Want to learn more?

Visit fchoa.org
Association > Volunteer Info.

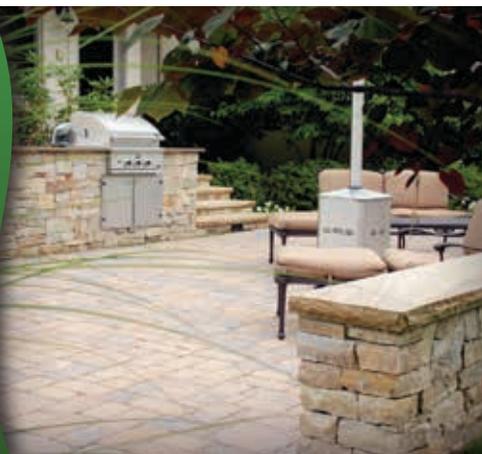
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SOLVING THE WORLD'S PROBLEMS RIGHT IN OUR OWN NEIGHBORHOOD

BY JACK HARTGEN

Once a month, in various homes around Ford's Colony, some of the most dire problems facing the nation and the world are carefully discussed and analyzed, often with competing and divergent opinions on how they might be solved. Causes and histories are researched, solutions are dissected, and in the crossfire, egos can get bruised.

Some of these problems have dealt with the prospect and fallout from Peak Oil; the unrest in the Middle East; the decline of civility in politics; the prospects for an economically and politically viable Africa; the rise of over-regulation in America and how it affects the economy; the crises in education; the rise of China as a military power; and the role of religion in world events and history. Even topics such as how cricket and baseball reflect national character have been examined. Upcoming topics for discussion will no doubt cover the

growing refugee problem in Europe, gun control, and most definitely the November elections.

Local issues also are examined, such as the push/pull between increasing development needs to meet population growth and the environment and green space. Water needs and usage was another topic.

At the rate of some nine topics per year, times the 12 years the group has been meeting, well over 100 topics have been discussed!

Who's doing all this intellectual heavy lifting? Surprisingly, just a group of nine guys who meet once a month, each taking a turn at hosting the group at home. The host selects the topic and sends the other members the parameters of the discussion, along with pertinent questions and resource references to get things off and running...and to keep the group on topic.



The group was started back in 2004 by three men on their way home from a fishing trip. It was decided that each of the original three would invite one additional member and those three could each invite someone, bringing the total to nine. Nine was the magic number because with more, the discussions could get out of hand with too many voices competing for attention. Nine is also a good number for most great/living rooms' seating accommodations.

Over the years the membership has stayed surprisingly stable, but on the rare occasions when a vacancy occurs, the remaining men discuss candidates to fill the empty slot before an invitation to join is extended.

All in all, the group provides good intellectual exercise requiring a bit of research homework. Plus the camaraderie among the members is something all feel is important. And how the various personalities mesh and clash provides the spice for the evenings.

But there is one other reason behind the group's years of success—all the members enjoy exploring the flavor subtleties of various single-malt Scotch whisky each host provides to add just a wee dram of lubrication to the give and take. Something that perhaps the world's leaders might want to try as they tackle the world's problems for real. After all, if that works here in Ford's Colony, it might work in Washington and other world capitals.

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MEADOWBROOK-PORT ROYAL DRIVEWAY PARTY

SUBMITTED BY JACKIE BOWLIN



(Standing, from left) Carl Devore, Rita Roney, Jackie Bowlin, Peg Feightner, Eve Gee, Bill O’Connell, Janet O’Connell, Vic Andersen, Joe Roney, Kathy Hamm, Tom Gee, Bill Cline, Brent Hamm, Sam Bowlin, Tony and Jill Rich.
(Seated, from left) Bill Lammertz, Mary Andersen, Ann Lammertz, Brody Rich, Cindy Devore, and Nancy Cline.

Photo by Jill Rich



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GADGETS, GIZMOS AND TECHNOLOGY

There is still time to register for this Aging in Place seminar on Monday, September 19, 2 p.m. at the S&T Club. Please call 757-258-4270 to reserve a seat.

JUST A TASTE

Residents are encouraged to submit favorite family recipes along with their stories to toceditorial@gmail.com. Submissions are due by the 5th of the month and photos are welcomed.

HERE COME THE MIGRANTS!

BY PATTI RALABATE

Every spring and fall, throngs of migratory birds flock to Ford's Colony since we are located in the midst of the Eastern migration pathway (also known as the Atlantic Flyway). In the spring, flocks head northward from South and Central America seeking plentiful insects, budding flowers, and nesting locations. As the air cools and the availability of food decreases in the fall, there's large-scale movement southward.

You may not notice songbird flocks during the day. Unlike the noisy flights of geese and ducks, most songbirds fly quietly at night high above the treetops. However, two things will bring them into our yards: bad weather and the need to refuel and rest. That's when we may catch sight of them. Ford's Colony's trees, ponds, and gardens serve as life-saving stopover habitats along their arduous journey.

Common Fall Migrants



The male Magnolia Warbler (5 inches) is quite colorful. He loses

his characteristic black mask in the fall and looks greenish and black on his back. Yet he maintains his yellow throat, streaked yellow underparts, yellow rump, white wing bars, and white eye ring on a grayish cheek. His tail is distinctive—black with white at the base. Females and immatures are similar but duller. Look for this warbler foraging in low bushes and trees for insects and spiders and listen for his high-pitch song “weta-weta-wi-chew” during his migration flight.



Sometimes mistaken for an Oriole, the male American Redstart (5¼ inches) has a white belly,

glossy black head with bright orange patches on his sides, wings, and tail. Females and immatures are gray-olive with yellow patches. They can be illusive as they hyperactively dash about in trees and bushes looking for berries.



During his respite, the striking Rose-breasted Grosbeak (8 inches) will come to your feeder for sunflower seeds. Listen for his hurried robin-like song. The male has a black head edged in brown, white barred rump and streaks on the sides of his white belly and molts before migrating. While some bird names make little sense, the Rose-breasted Grosbeak obviously gets his name from his large pinkish beak and bright rose breast. Females and immatures are brown with a distinctive white eyebrow and pink-streaked breast.

Have fun watching for these fall visitors.

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THE HARDEST-WORKING CREATURES ON THE PLANET

BY CAROLYN BATTLE

"Put a beehive on my grave
And let the honey trickle down."

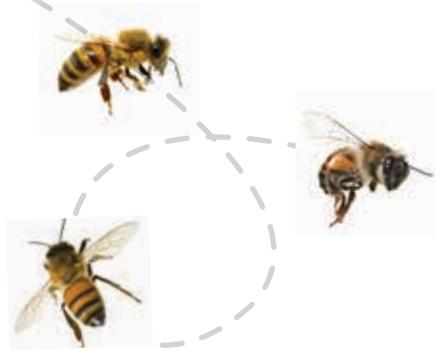
— Sue Monk Kidd in
The Secret Life of Bees

There are over 4,000 pollinating bees native to North America. Bumble and honey bees (social bees that live in colonies) are not native to North America but were imported in 1622 by European settlers for their honey. The early colonists were generally unaware of pollination and the role bees played in providing them with apples for Mom's apple pie, Georgia peaches, or watermelons for future Huckleberry Finns to steal.

Whether the bees are wild or live in a beekeeper's box, they organize their societies the same way. Individuals operate and work together as one. Sexually undeveloped females are the only bees we see and the only ones that can sting. They have tube-like tongues to suck up sweet nectar and a crop where it is stored until they return to the hive, where the nectar is turned into honey. While visiting the flower, the female also combs pollen into a hairy pollen basket on the outside of her back legs.

Back in the hive, the females secrete beeswax that is then chewed and molded into six-sided honeycomb cells, where the pollen and honey are stored and the larvae are protected. These worker bees have an enzyme in their

mouths which is mixed with the watery nectar and regurgitated repeatedly into the mouths of others to make the honey into a concentrate, thus reducing the chance for bacteria and fungi to form. These worker bees collect the food; build, clean, and protect the hive; circulate the inside air by beating their wings; tend the larvae; and feed the queen. One bee works 10 hours a day for six days to gather enough nectar to make a thimbleful of honey. There are thousands of worker bees per hive and possibly as many as 60,000 in the largest hives.



A few hundred males (drones) live in each hive during spring and summer but are kicked out in the winter and die. The role of the drones is to lounge around the "house" and mate with the queen outside in the upper air. Once a male mates with the queen, he dies. In the spring, a new hive will swarm and will include new drones.



The young queen bee mates with any drones she encounters in the upper air. She lays as many as 2,000 eggs per day at her peak. The workers determine how many eggs are laid by how much food they feed her. Queens regulate the hive's activities by producing pheromones that guide the behavior of other bees. When the queen becomes old and no longer lays eggs, the worker bees surround her, form a tight ball, and suffocate her. This is the thanks she gets? The workers then create a new, fertile queen by feeding one of the female workers "royal jelly."

When a stingless female bee or scout finds a new food source, she takes a pollen sample back to the hive, where she shakes and wiggles her tail, spreading the flower scent to the others. She whirls and spins in a "waggle dance," informing the others of the direction and distance of the pollen source, even taking into consideration the direction of the sun.

In recent years we don't hear or see as many buzzing bees as we once did, and some species have even become extinct. Scientists explain that habitat and wildflower loss, pesticides and mites are the primary reasons. There is one controversial and widely used pesticide (the neonicotinoids) that concentrates in the pollen and nectar of flowers, making them toxic to pollinators. External, parasitic varroa mites are known to suck the blood of bees.

Because we care about the insect responsible for one-third of the food we eat and the only one that produces a product that people eat, much work is being done to help the bees. To find out what you can do, visit www.buzzaboutbees.net.

Bees will leave you alone if you leave them alone. But you may want to tell the young people in your life what Anonymous once said: "Though she bee but little, she bee mighty."



SAILING THROUGH COLLEGE

BY JAN YORK

The first year of college can be rough sailing for some, but Camden Underwood is navigating the waters at Virginia Tech just fine. Camden, who has completed his freshman year, has his compass set for an aerospace engineering degree. “I looked at a number of schools with good engineering programs and considered the best fit for me. In-state tuition was also a factor, but when I visited Tech, I knew I wanted to go there.”

Camden is thriving in his college life. “I enjoyed being on my own and being responsible and taking care of myself.” Meeting new people is another thing he likes about college life, on and off campus. “I like the town. It’s not too big, but everyone is very spirited and the town revolves around the college.” He added that he didn’t have many expectations about college life, but he is definitely satisfied with the people and the school. “It’s been awesome.”



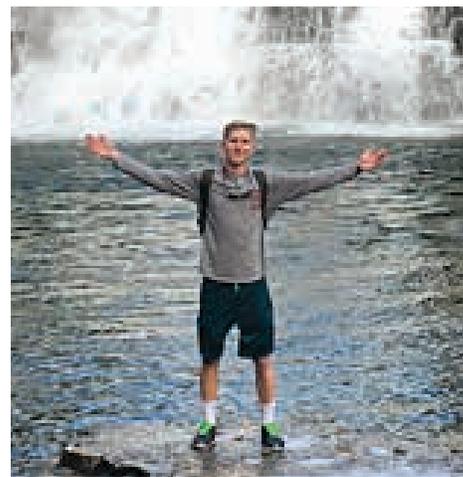
Kenny, Braden, Donna and Camden Underwood enjoy a game at Virginia Tech.

One thing Camden learned quickly was how different the classes are from high school. Camden credits having taken college-level courses at William & Mary while in high school with helping him make the transition. “I learned what was expected and how I was really on my own. In high school students are guided more. I’ve really had to work hard to do well.” Besides classroom activities, he participated in intramural basketball and Frisbee.

Camden advises incoming freshmen to “be prepared to stay on top of the school part, because if you don’t it will slip away from you. You don’t have someone telling you what to do.” He also said it is easy to fall out of touch with family because of how busy one gets, but his family ties are strong. “I missed my brothers a lot.”

Not everything has been smooth sailing. “I was surprised at how often I had to do laundry and do some really big loads.” Fitting everything into the small space of a dorm room was also a challenge, as well as having to clean it. On the upside was having so many neighbors. “I could always find stuff to do,” Camden said.

This is the second summer Camden has worked as a server at Two Rivers Country Club. This fall, he will live in an apartment with a friend from Williamsburg, and his earnings will help pay his rent. “It’s nice being home for the summer and having my parents help me out,” Camden said. “Also my mom does my laundry when I’m home.”



Camden enjoys some time away from college at Cascade Falls in Pembroke, Virginia.

Camden is the son of Donna and Kenny Underwood and, with his brothers Devon (a senior at Lafayette High School) and Braden (a freshman there), has called Ford’s Colony home for 14 years. With a successful year behind him, serious scholastic ethic, and strong family support, Camden’s sophomore year should be filled with “fair winds and following seas.”



Camden and his brother Devon at the War Memorial Court by the drill field.

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Did you know?

BY CARMEN HEGGE-KLEISER
Strategic Planning Committee



Ford's Colony residents are making a difference in James City County and Williamsburg by providing volunteer services. Below is just a sample of some of the high-impact areas where they're lending their skills and support.

- ❖ Residents support a variety of service organizations, such as Lions Club, Kiwanis Clubs, Rotary, League of Women voters, Women's Club, Daughters of the American Revolution and Sons of the American Revolution.
- ❖ More than 20 Ford's Colony volunteers serve as instructors for Literacy for Life; 35 serve an average of 10 hours a week as mentors in our public schools through Volunteers for Education.
- ❖ Twenty-one retired executives in Ford's Colony serve as William & Mary Mason School of Business Executive Partners and nearly 600 participate in the Christopher Wren programs.
- ❖ Over 130 volunteer at local hospitals, Olde Towne Medical and Dental Center and Lackey Clinic and have donated \$750,000 to OTMDC over the past 21 years and \$209,000 to support breast cancer research.
- ❖ The Senior Core of Retired Executives provides business guidance to local entrepreneurs and business start-ups.
- ❖ Fourteen volunteers offer area seniors and low- to moderate-income residents fee-free tax preparation assistance through AARP's Tax Aide and the Voluntary Income Tax Assistance programs.

- ❖ Forty-four have participated in the Master Gardeners Program and individually worked 30-70 volunteer hours a year on various educational and community landscape maintenance projects.
- ❖ Over 260 volunteer in Colonial Williamsburg, 60 in Jamestown and 30 in Yorktown.
- ❖ Residents are extensively involved in church-related charities, F.I.S.H., Faith in action, Meals on Wheels and other area non-profit organizations.

This data, which was part of the Ford's Colony Fact Sheet, was shared with the James City County Supervisors at a recent Town Hall Meeting. It was gathered in April 2016 from organizations where it was readily available and extracted from the results of the 2014 Ford's Colony Resident Survey. For more Ford's Colony facts, visit fchoa.org and in Site Search use keywords "colony facts".

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SAVE THE DATE

Yard Sale

Ford's Colony Yard Sale
Saturday, October 15, 2016
8 a.m. to noon

Historic Triangle Building
312 Waller Mill Road

Contact Phyllis Eastman at 757-258-1198 or email reastman2003@verizon.net.
Table cost is \$20 payable by check to Phyllis Eastman; checks can be dropped at the John Pott Guardhouse with your name, address, phone, and email.

SPECIAL BOWLING LEAGUE OFFER

BY CAM PLACE



It's time to think about fall training for Ford's Colony bowlers—present, future and potential. Williamsburg AMF Bowling Center is offering an evening of two hours of free bowling on Sunday, October 2, from 7 to 9 p.m., for returning league members and those residents who are considering joining the league. Shoes are free and there's a substantial discount at the snack bar.

For returning members needing some rust reduction, get out your shoes and bowling balls. Think about inviting your friends and neighbors and getting a group together for a fun evening. New members who have not yet established an average, here's your chance by bowling three games and reporting your scores to your Division Secretary. For anyone considering joining the league, this is a great opportunity to meet current members and get the scoop about one of the Colony's best activities.

The starting time for the event is somewhat flexible, but with a large number of participants, it is advisable to let Cam Place know that you plan to attend. If you are part of a group, let him know who is in the group so that a lane pair can be assigned. Groups are not necessary. Singles, couples, and gaggles are more than welcome to take advantage of this great opportunity. For complete information and to reserve a spot, contact Cam at cbplace@gmail.com.

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- ★ Minor Plumbing
- ★ Power Washing
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References from Ford's Colony Residents proudly provided.

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DO RIDE WITH STRANGERS

Caring Neighbors Transportation Service

BY LARRY EMMONS

“Never ride with strangers,” your mother said, but she didn’t know about the Caring Neighbors group that provides transportation service.

Many people in the Colony either live alone, or for one reason or another, can’t drive themselves to medical appointments, therapy visits, hair appointments, the grocery store or other important activities. They depend on family, neighbors, or even commercial services to get them where they need to go. Caring Neighbors transportation service needs you! We have over 50 drivers waiting to take people wherever they want or need to go, and we don’t have enough business.

Maybe you don’t have family nearby —call on us to fill in. Your neighbors are well meaning and have taken you many places, but you

don’t want to keep asking them, so call on us—we signed up to do this. Commercial services can be expensive and/or undependable—call on us, we’re free and we’ll take you where you want when you want, not when their schedule permits.

The most frustrating part of our job is convincing people to use us. We aren’t a charity just because we don’t charge, and it certainly is not an imposition because we signed on to do just this. Many are too shy or too proud to ask for help, or don’t want strangers in their homes or knowing their business. But if you contact us, you’ll soon find that those strangers become friends who can be trusted to respect your privacy.

If someone in your neighborhood needs transportation for whatever reason, medical or not, tell them about

this service. If they’re reluctant to call, ask us and we’ll contact them directly.

Just one more reason that Ford’s Colony is such a great place to live—neighbors do care!

Check the CARING NEIGHBORS CONTACT INFORMATION in this issue on page 34.



Your driver is waiting!



THE ART OF TEA

A Garden Party

Sunday, November 6, 2016
1 to 4 p.m.
ANNUAL FUNDRAISER FOR
BLOOMS THAT BRIGHTEN®, INC.

We are the FLOWER THERAPY™ people, creating joy and smiles one little bud vase at a time!

Each week a group of Blooms volunteers engage in improving the quality of life for seniors in our community through flowers. There are 1,200 residents in the area who receive this kindness on a rotating basis throughout each year. To continue this program, an annual fund raising event, The Art of Tea, is held in November.

The 2016 “Art of Tea –A Garden Party” will be held at Ford’s Colony Country Club, 240 Ford’s Colony Drive, Williamsburg. With a fun theme, unique activities, amazing raffles, and delightful tea and food, this year’s event is sure to be a sellout. So get out your hats or fascinators (encouraged but not required) and join Blooms That Brighten, Inc. in creating joy and smiles!

Tickets are available at \$30 each. Contact Bonnie Klem at 757-345-0728.

NEWCOMERS KICKS OFF LIVELY 2016-2017 SEASON

BY ELOISE BRANDEN

This summer, the Newcomers Board has been busy getting ready for our exciting new season starting in September. Our enthusiastic and hard-working board members are making plans for a line-up of great programs and speakers, enhancing our mini-clubs, and creating some additional activities that are sure to be a hit with our members.

On the third Friday of each month, we will have more than a meeting; it's a *Night Out*. New this year, those who wish to continue socializing after the program can join their fellow Newcomers at Murdoch's at the Ford's Colony Country Club where there will be Newcomers appetizer and drink specials available.

When does the fun begin? September 16 at 6:45 p.m. at the S&T Club. Our speaker will be Paul Aron, Director of Publications for Colonial Williamsburg and author of *Founding Feuds: The Rivalries, Clashes, and Conflicts That Forged a Nation*. See the Activities Section for more information.

If you haven't joined Newcomers yet, we're waiting for you!



Newcomer's Board plans lively 2016-17 Season

Photo by Frank Ruth

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CAR SHOW PROCEEDS HELP LOCAL CHARITY

BY LARRY EMMONS

Ford's Colony Auto Enthusiasts recently presented a check to Gerald Patesel in support of the Peninsula Agency on Aging RIDES program. This year's \$1,100 contribution by the Colony Auto Enthusiasts is the result of donations received at the 8th Annual Williamsburg Invitational Car Show.



(From left) Kirby Lindtveit, Gerald Patesel and Larry Emmons

Photo by Jan Emmons

NEW SEASON FOR FC THEATRE CLUB

Come be a part of the Theatre Club's 2016-17 season, which begins Friday, September 9, at 7:30 p.m. in the S&T Club. An annual membership of \$10 buys you free entry to all our shows for the entire season; non-members pay \$5 at the door. We have a great season in store for you. We perform monthly on Friday night at 7:30 in the S&T Club. Our schedule:

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September 9

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LEE WOOD**
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October 14
OKTOBERFEST

Sponsored by
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(Free beer!)

November 11

**NAME THAT
TUNE - AGAIN**
Directed by Roseanne
Brennan & Jack Wagner

December 9
CHRISTMAS SHOW

Directed by
Chris Schwenker

2 0 1 7

January 27
**ANNUAL TALENT
SHOW**

Directed by Ann King
(Always a big hit!)

February 10
LADY WASHINGTON

An interpretation by
Carolyn Battle

March 10
**IRISH-THEMED
SHOW**

Directed by
Dick & Ellie Wintercorn

April 28
**APRIL
FOOLISHNESS**

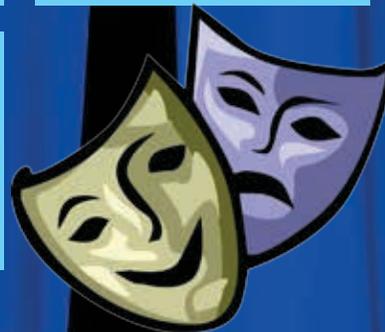
Directed by Frank
Battle & Marsha Allen
(Competitions and
funny skits involving
the audience; live all-
female-group doo wop
music from the '60s)

May 12
STEEL MAGNOLIAS

Directed by
Roseanne Brennan

June 9

Annual club banquet &
elections of officers



**We need singers, musicians, actors, and directors—
no experience necessary.**

And, in terms of getting involved in the Club, if you're not the onstage type, consider these opportunities: we need sound technicians (some experience preferred; training will be provided), stagehands, costumers, set designers, a Club secretary to take a few notes at meetings of the Club's Board, and help with hospitality, such as bringing an occasional dessert, or helping with setup and cleanup. None of these jobs is hard; we'll be glad to show you the ropes to help you get off to a good start. Contact Carolyn Battle at frank.battle@cox.net

Colony Kids



Trunk or Treat Festival

Save-the-Date!

Saturday, October 29th

4:00 - 6:00pm

Westbury Park

For **volunteer opportunities**
and to let us know of your **interest**
in **purchasing food** at the
event see the **Colony Kids** article
in **Talk of the Colony** and rsvp at:
<http://trunkortreat2016.rsvpify.com>



TRAVELING? VISIT A GARDEN CHAWTON COTTAGE, ENGLAND

BY KRIS SAUNDERS WITH ELIZABETH MASLEN

Part 1: Jane Austen's Flower Garden *Some History of the Garden, Jane's Design and Favorite Flowers*

Jane Austen wrote to her sister Cassandra on February 8, 1807: "Our garden is putting in order by a man who bears a remarkably good character, has a very fine complexion, and asks something less than the first. The shrubs which border the gravel walk, he says, are only sweetbriar and roses, and the latter of an indifferent sort; we mean to get a few of a better kind, therefore, and at my own particular desire he procures us some syringas. I could not do without a syringa, for the sake of Cowper's line. We talk also of a laburnum. The border under the terrace wall is clearing away to receive currants and gooseberry bushes, and a spot is found very proper for raspberries."

Visitors to Jane Austen's home, Chawton Cottage, will be struck by the happily situated and profusely blooming gardens surrounding the house. Summer finds the flowers, most what Austen herself would have known and loved, filling the area with color and scent. Cornflowers, poppies and marigolds share ground with roses, daisies, hollyhocks, and a profusion of other heirloom blooms.



Photo by Elizabeth Maslen

In Constance Hill's 1901 book, *Jane Austen: Her Homes & Her Friends*, we find this beautiful description: "A large garden lay behind the house where, we

are told, there was a pleasant, irregular mixture of hedgerow, and gravel walk, and orchard, and long grass for mowing, arising from two or three little enclosures having been thrown together. 'I remember the garden well,' writes Miss Lefroy (a granddaughter of the Rev. James Austen). 'A very high thick hedge divided it from the (Winchester) road, and round it was a pleasant shrubbery walk, with a rough bench or two where no doubt Mrs. Austen and Cassandra and Jane spent many a summer afternoon.' We have sat in what was once this shrubbery walk," beneath the shade of great over-arching trees, one of which, an oak, is said to have been planted by Jane herself.

"The whole of the shrubbery border will soon be very gay with pinks and sweet williams, in addition to the columbines already in bloom," Jane wrote to her sister in May 1811. "The syringas, too, are coming out... You cannot imagine – it is not in human nature to imagine – what a nice walk we have round the orchard. The rows of beech look very well indeed, and so does the young quickset hedge in the garden. I hear to-day that an apricot has been detected on one of the trees. Was it a 'Moor Park' we wonder, such as Mrs. Norris and Dr. Grant quarreled over?"

By the time the family went to live at Chawton, Jane had handed over the management of the house-keeping to her daughters. She was then nearly 70 years of age, but "she found plenty of occupation for herself," writes Miss Lefroy, "in gardening and needlework. The former was, with her, no idle pastime, no mere cutting of roses and tying up of flowers. She dug up her own potatoes, and I have no doubt she planted them, for the kitchen garden was as much her delight as the flower borders, and I have heard my mother say that when at work, she wore a green round frock like a day-labourer's."

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THE CHRYSLER MUSEUM: DAZZLING, DELIGHTING, INSPIRING

BY JAN YORK

The Chrysler Museum of Art, tucked in the Ghent area of Norfolk, houses treasures that range from medieval and Baroque masterpieces, Impressionist paintings, and photography to a world-renowned glass collection. Reopening in 2014 after a major expansion, the galleries are spacious and filled with light.

In the Glass Gallery, visitors can examine ancient glass-making and forms and view examples from America's best glass companies, such as Mt. Washington, Boston and Sandwich, and the iconic Tiffany Studios as well as works from around the world by contemporary glass artists. Much of the art glass was collected by Walter P. Chrysler, Jr. and his wife, Jean, a Norfolk native. Some of the works are utilitarian in purpose, such as the whale oil and kerosene lanterns, but the makers endowed them with beauty through the colorful glass used and the applied and cut decorative elements. Then there are the leaded glass works by Tiffany: panels, windows, lamps, vases—all an explosion of color with exquisite detail.

If that isn't enough of a feast for the eyes, now through September 19, the museum hosts a special exhibit by photographer Herb Ritts called "The Rock Portraits." Ritts photographed many of the biggest musical stars from the 1980s until his death in 2005. Portraits of Dizzy Gillespie, Madonna, Bono, and Prince are just a few; some were used for covers for leading magazines, but many have never been shown before.

The Chrysler is free and open Tuesday through Saturday from 10 a.m. to 5 p.m. and on Sunday from noon to 5 p.m.

It is located at One Memorial Place, Norfolk. For additional information, call 757-664-6200 or visit chrysler.org.



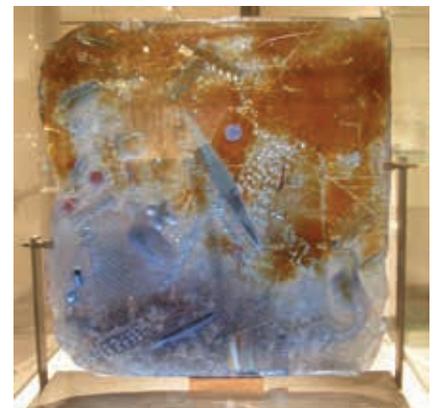
Ruby glass compote with cut-to-clear decoration



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Sir Elton John's portrait and one of the 36 portraits of Madonna taken by Herb Ritts

Photos by Jan York

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Aging In Place/Special Services Ted Juraschek <i>theo_juraschek@msn.com</i>	Fly Fishing Richard Anderson <i>randerson158@cox.net</i>	RC Sailing Club Stan Williams <i>fairtrade@cox.net</i>
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Bosom Buddies Lois Nervitt <i>lsnervitt@cox.net</i>	Friends and Neighbors Joe Kime <i>cojoe67@aol.com</i>	Softball League Joe DiNuzzo <i>vadinuzzo2@gmail.com</i>
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Canasta: Hand, Knee & Foot June Rhodes <i>juner@junegene.com</i> Laurie Rowe <i>laurierowe100@gmail.com</i>	Golf Around Mike Hand <i>mhand3@cox.net</i>	Swim Team Kelly Arne <i>kellyarne.fcst@gmail.com</i>
Caring Neighbors Kit Ober <i>kitandfritzober@yahoo.com</i>	Golf and Dine Society George Spalthoff <i>gws313@cox.net</i>	Tai Chi Elmer May <i>semay6@cox.net</i>
CERT Don Alms <i>dralms@cox.net</i>	Home Brewers Interest Group Walter Maginnis <i>walter.maginnis@verizon.net</i>	Tennis Club Nancy Marsh <i>nwm711@aol.com</i>
Chess Club Greg White <i>ecozuluwhite@gmail.com</i>	Intermediate Bridge Jack Geiger <i>findjackg@cox.net</i>	Theatre Club Jack Wagner <i>fwagnerip@gmail.com</i>
Colony Auto Enthusiasts Jim Bowers <i>twophathoms@yahoo.com</i>	Mah Jongg Mavens Jane Flagello <i>drjaner@sbcglobal.net</i>	Trailblazers Tom Thompson <i>tommarybeth@verizon.net</i>
Colony BYOB Jennifer Rairigh/ Randolph Brown <i>rebrown6@cox.net</i>	Men's Bible Study Dan Gaske <i>fcmensbiblestudy@earthlink.net</i>	Travel Club Muriel Ashley <i>muashley@gmail.com</i>
Colony Kids Beth Kilgore <i>fccolonykids@gmail.com</i>	Model Railroad Club Phil Brooks <i>kexbyphil@gmail.com</i>	W&M Fan Club Van Voorhees <i>coachvan1@me.com</i>
Colony Wine & Cheese Sally Frazer <i>sfrazer219@aol.com</i> Bob Brennan <i>rbrennan6@cox.net</i>	Monday Evening Beginners Bridge Arlene Krupinski <i>ackrup28@aol.com</i> Janie Chamberlain <i>janecham75@gmail.com</i>	Water Aerobics Interest Group Janet Pohl <i>pohljrj137@yahoo.com</i>
Computer & Technology Club Bob Zornetzer <i>rzornetzer@cox.net</i>	Monday Morning Bridge Carolyn Stowe <i>thestowes@cox.net</i> Debbie Boggio <i>Dboggio1@gmail.com</i>	Women's Bible Study Stephi Fisher <i>stephif1@cox.net</i>
Craft Club Jeanne Trapani <i>chrmqurk@gmail.com</i> Susan Brooks <i>kexbysue@gmail.com</i>	Newcomers Eloise Branden <i>FordsColonyNewcomers@gmail.com</i>	Woodworkers Club Ralph Spohn <i>ralph@alum.mit.edu</i>
Dance Band Larry Stowe <i>FCDB@cox.net</i>	New Resident Welcome Committee Janet Joyce and Pat Giles <i>newreswelcome@gmail.com</i>	Yoga Tricia Killiany <i>yogaclasses@cox.net</i> Barbara Gilman <i>bg2jg@aol.com</i>

CARING NEIGHBORS CONTACT INFORMATION

Cook's Pantry Karen Crowley, Chair 757-345-6512 <i>crowjim@bellsouth.net</i>
Roseanne Brennan, Co-Chair .. 757-258-3228 <i>roseannebrennan@cox.net</i>
Peggy Peterson 757-345-5411
Georgia Lowe 757-603-6229
Ann Wasko 757-229-3149
Georgia Treiber..... 757-645-2423
Granny's Attic Roxanne Machamer, Chair Nancy O'Reardon, Co-Chair <i>grannysattic.fchoa@gmail.com</i>
Handymen Kent Kipling, Chair..... 757-208-0218 <i>kipkp@hotmail.com</i>
Phil Klein, Co-Chair..... 757-220-3949 <i>Kleinradine2@gmail.com</i>

Bob Bott..... 757-565-3577
Jeff Canon..... 757-291-7003
Bob Dillman 757-221-6690
Robert Graves..... 757-603-6702
Don Harper 757-565-7855
Dave Kleppinger 757-603-6670
Bruce Landefeld 757-229-0637
Ralph Spohn 757-253-5794
Tom Schwartz..... 757-603-6811
Dale Walter 757-229-2026

Notes for Neighbors Mandy Baldridge 757-645-4039 <i>mjbaldridge@cox.net</i>
Nancy Obadal 757-258-2838 <i>nano6@cox.net</i>

Nurse's Closet Betty Moeller 757-206-1276 <i>betmoeller1@cox.net</i>
Nancy Ohlinger..... 757-229-7568 <i>nancy22902@aol.com</i>



CARING NEIGHBORS

Stork Club Ida McNamara 757-645-3763 <i>idalmac@cox.net</i>
Lise Murer 757-253-2361 <i>llmurer@cox.net</i>
Transportation Service Kit Ober..... 757-345-0169 <i>kitandfritzober@yahoo.com</i>
Dave Westfall..... 757-645-2073 <i>dwestf2@gmail.com</i>

For general information or to join Caring Neighbors as a volunteer, contact Kit Ober at 757-345-0169 or kitandfritzober@yahoo.com or Nancy Ohlinger at 757-229-7568 or nancy22902@aol.com.



AGING IN PLACE

The Aging in Place Service Group (AIP) meets four to six times a year and identifies opportunities for Ford's Colony homeowners to remain in their homes safely and comfortably as they age. AIP recently partnered with a valuable new community service, the Peninsula Agency on Aging (PAA) Williamsburg office Resource Center. The Resource Center is a one-stop shop for information, assistance, and referrals for adults age 60 and over, adults with disabilities, and caregivers. It is a free service regardless of income.

The PAA Resource Center is open Monday-Friday from 9 a.m. to 3:30 p.m. It is located in the Messmer Community Service Center at 312 Waller Mill Road. Contact them via phone at 757-345-6277, email at information2@paainc.org, or the website PAAinc.org. For additional AIP information including past *Talk of the Colony* articles and other helpful links, please refer to the Aging Services page on the Ford's Colony website fchoa.org. To learn more about the Aging in Place Service Group, contact Ted Juraschek at theo_juraschek@msn.com or 757-565-6165.



ARTISTS LEAGUE

After having had the summer off, the Artist League will again be meeting at the S&T Club.

The Artists League meets every Tuesday afternoon from noon to 3 p.m. at the back of the large room on the right side at the S&T Club. We have artists working in different mediums and at different levels of accomplishment, from beginners to more experienced artists. You will see people using oils, acrylics, watercolors, pencils, and pastels. We work at tables with our own supplies as we enjoy each other's company and conversation.

Many of us belong to Williamsburg Contemporary Art Gallery down the street from the library on N. Boundary

Street and exhibit there as well. Members of the gallery show their work on the upper level and there is usually some kind of unifying theme. We occasionally have an art show at the S&T Club. All these activities provide inspiration and purpose.

We welcome new members and have much to offer in the way of information, advice, and direction. If you are an artist or would like to try experimenting in art, stop by some Tuesday afternoon.



BID WHIST

The Bid Whist Club meets on the second Thursday of the month at the S&T Club at 7 p.m. except in July and August. Residents of Ford's Colony are welcome to join or participate. For information, contact Bob Sumlin at 757-229-8841.



BOSOM BUDDIES

The breast-cancer support group meets on the third Thursday of each month at 2 p.m. in members' homes. Those with newly diagnosed breast cancer, as well as all breast cancer survivors, are invited to participate. Other cancer survivors are also welcome. For details, contact Lois Nervitt at 757-258-9669 or lsnervitt@cox.net.



BOWLING

Planning for our 2016-2017 bowling season has been underway since the middle of July. The season will commence on October 31 for the Monday division and November 1 for the Tuesday division. We bowl for nineteen weeks, and do not bowl during the weeks of Thanksgiving, Christmas, and New Year's. This is a handicap league and the 4-person teams are determined by a computer program. To maintain marital bliss, spouses do not bowl

on the same team. Bowling starts at 2:15 p.m. preceded by 10 minutes of practice.

An organizational meeting will be held on October 24.

If you are interested in joining the league, contact John White (Monday Division) at JJWhite46@gmail.com or 757-585-2132; or Dick Mericle (Tuesday Division) at mericleca@hotmail.com or 757-345-3737.



**CANASTA
HAND, KNEE & FOOT**

Canasta/ Hand, Knee, and Foot, is an interest group established through the Activities Committee. We meet every Friday from 1 to 4 p.m. at the S&T Club. Each week several tables of players gather for both the card game and the socialization.

Residents who play Hand, Knee and Foot; Hand and Foot; Triple Play or any form of canasta are welcome to join us. Copies of the "rules" that the group is using are available every time we play. Participants may play as often or as seldom as they wish. This is a great opportunity to play cards, interact with your friends and neighbors and not be committed to attend every week. A roster is maintained of all participants, who will receive a weekly email asking if they plan to play that week. We calculate the number of tables to request and the quantity of supplies to bring by your email responses. To add your name to the list or request additional information, contact June Rhodes at jlr@junegene.com or 757-345-6308; or Laurie Rowe at 757-258-5323.



CARING NEIGHBORS

Caring Neighbors volunteers have provided services to our residents in many ways this past year. The Notes for Neighbors committee has sent cards expressing sympathy and support to families experiencing illness or death. Our Cook's Pantry cooks have offered meals and Granny's Attic has lent a

number of items to families expecting young visitors. Handymen have helped families with household repairs and Nurse's Closet has provided items for those temporarily in need of a walker, wheelchair, etc. Transportation Service has offered many rides to doctor's appointments, etc., and our Stork Club remains ever ready to welcome new babies to our community. We are grateful to our many volunteers for their outstanding assistance. If you or anyone you know is in need of any of our services, please contact Mandy Baldrige at 757-645-4039 or mjbaldrige@cox.net or any one of the contact people that are listed. You can also notify us by going to fchoa.org, selecting "Contact Us" and selecting Caring Neighbors from the dropdown list. Caring Neighbors is here to help our Ford's Colony Neighbors—so please let us know when we can be of help.



Following a major disaster such as Hurricane Sandy, first responders who provide fire, rescue, and medical services will not be able to meet the demand for these services. People may have to rely on each other for help in order to meet their immediate life-saving and life-sustaining needs.

The James City County Ford's Colony Community Emergency Response Team (CERT) organization has been in place since 2004, working to help community and residents prepare for, respond to, and cope with the aftermath of disasters such as hurricanes, ice storms, floods, nor'easters, and more. James City County provides free training for CERT volunteers to prepare residents to help themselves, their families, and their neighborhoods in the event of such an emergency.

Don't become a victim; become empowered! The team meets at 3:00 p.m. on the first Wednesday of January, April, July and October at the S&T Club. In a disaster situation, EVERYONE can do something to help themselves and others. For more

information, contact Don Alms at dralms@cox.net or 757-645-7925.



CHESS CLUB

The Chess Club meets on the first and third Mondays of each month from 2:30 to 5 p.m. in the S&T Club. Contact Greg White at ecozuluwhite@gmail.com if you have any questions.



COLONY AUTO ENTHUSIASTS

Our summer drives have been well received and each has attracted new members. The July Surrey Drive included a ferry ride of 20 cars across the James River and stops at Smithfield Station for brunch and Bacon's Castle for a tour.

We had another great turnout of participants and wonderful member automobiles for our August rally to the Keystone Truck and Tractor Museum in Colonial Heights. After a BBQ lunch at the museum, we cruised to a wine tasting at the Upper Shirley Vineyards. It was a perfect "top-down" day to enjoy the beautiful Virginia countryside.

Next up, on September 7 at 7 p.m., we will meet at the S&T Club for a "Welcome Back" to our regular meeting time and place, featuring member "Car Stories." A few of our members will share some of their automobile experiences. All stories will no doubt be somewhat "enhanced" so attendees are asked to BYOB! The club will supply the cups and popcorn. New CAE members are always welcome. For further information, contact Jim Bowers at FCAutoEnthusiasts@gmail.com.



Photo by Jim Bowers



COLONY KIDS

LIVE • PLAY • SOAR

Colony Kids thanks our community for making Ford's Colony Day such a huge success. We look forward to next year. Be sure to visit fchoa.org for the picture album, the Ford's Colony Living Facebook page, and the Colony Kid's Facebook page for some great highlights.

COMING NEXT FOR COLONY KIDS

This year's "Trunk or Treat Festival" on October 29 is going to be bigger and better than ever! The 2016 festival will be at Westbury Park and will feature fun activities and games, hayrides and a hay maze, as well as photo opportunities with themed props. Food will be available for purchase. Don't want to miss this fun event? Sign up at trunkortreat2016.rsvpify.com:

- To be a "Trunk" volunteer, sign up ASAP.
- If you're interested in purchasing food at the event, provide a head count ASAP.
- Drop off candy donations at the S&T Club starting October 1.

Want to be part of the fun planning? Colony Kids meets once a month at the S&T Club. Check our Facebook page for event updates and event photos. E-mail us at FCColonyKids@gmail.com.



COMPUTER & TECHNOLOGY CLUB

Our 2016-2017 season starts on Monday, September 19 at 7 p.m. in the S&T Club Ballroom.

Just how familiar are we with terms like WIFI, routers, Bluetooth, and NFC (Near Field Communication)? Or are these just words that we hear once in a while and think we probably should understand them better than we do, but then go on to something else? Well, wonder no more. Come to the September 19 meeting, and you will find out. We have planned a very interesting and knowledgeable panel discussion on these subjects. At the end of this meeting, if you pay attention,

you will be amazed at what you have learned. Enough said....See you on September 19.

We welcome new members. Join the club and attend this and many other interesting and informative events we plan to do in 2016-2017. We meet every third Monday of the month, except for July and August. Our dues are \$10 annually per person.

For additional details about our club, check out our website: fcug.org.



CRAFT CLUB

Welcome autumn. The Craft Club was represented at Ford's Colony Day in August and members enjoyed meeting residents, displaying items made for local charities, and chatting about the club. If you are interested in checking us out, the club meets regularly every Thursday from 1 to 4 p.m. at the S&T Club, year round. We encourage you to come to any meeting and stay as long as you like. Bring your own project to work on or work on an item for the many charitable organizations we support. There's always much chatter and informal instruction. Want to learn a new craft? We have quilters, knitters, and crocheters, cross stitchers, beaders, and other crafters who will share their expertise with you. We are a friendly and multitalented group of crafters, ranging from beginners to award-winning artists, who love to meet new friends. Dues for the year are only \$10. Come every week, twice a month, once a month, whenever you can. If you have any questions, please contact Jeanne Trapani at 757-208-0732 or chrnqrk@gmail.com.



DANCE BAND

The approach of autumn is a good time to begin planning for those holiday parties. We have a large number of holiday arrangements that we'd love to play for your club or party. We'll be performing many of them at our third annual Holiday Open House rehearsal



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on Thursday, Dec 1. We also will perform them on Thursday, Dec. 8, at the Williamsburg Regional Library Theatre. More details about each event will be in upcoming issues of the TOC. Check out our web page on the FCHOA web site for more information, along with new video clips and photos from our past performances. We've been rehearsing new music over the summer months. This would be a great time for anyone who has wanted to join our group to come to our rehearsals. We rehearse on the first and fourth Thursdays of every month either at the S&T Club Ballroom or at the CSB Exercise Studio. Please contact Larry Stowe at 757-564-8550 or FCDB@cox.net.



DANCE CLUB

Dance Club invites you to come join in the fun. Dancing is a great way to make new friends, as well as increase stamina, flexibility and balance. We meet every first and third Tuesday

of the month at 7 p.m. at the S&T Club. Our next meeting is September 6. We'll be learning the Latin dance merengue. Bring comfortable shoes and water. You don't need to have a partner or any dancing experience to participate.

On the first Tuesday, a professional instructor teaches ballroom dancing. You practice one dance, learning variations. At the end of five lessons you have a routine that you can confidently take to the dance floor. Dances are rotated through the year. On the third Tuesday, you learn the latest and most popular line dances. Afterwards, you can show off your new dancing skills on cruises, on dance floors, at parties and at weddings.

Dues are \$20 per person for a 12-month period or \$5 per person for each session. Singles and couples are welcome. Check out samples of our prior lessons on fchoa.org under Dance Club. The videos keep you updated in case you miss a lesson. For information contact Becky Shenefiel at 757-707-1979 or becky@gracewalk.net.



DOG OWNERS GROUP

The September speaker will be from the Heritage Humane Society and will talk to us about their wonderful organization. They are an open admission shelter and accept all animals in our jurisdiction. We will meet at the S&T Club on Monday, September 26 at 7 p.m.



DUPLICATE BRIDGE

The Duplicate Bridge Club meets each Wednesday at 12:30 p.m. at the S&T Club. These are sanctioned duplicate games, and master points are awarded. It is not necessary to come with a partner or to be a member of the American Contract Bridge League. All levels of players are welcome. Table fees are \$6 per person. Contact Bonnie Hoopengardner at 757-903-4246 or bphoop@aol.com, for further information.

Information on other duplicate games in Ford's Colony and nearby may be obtained at bridgewebs.com/colonial.



EMERGENCY PREPAREDNESS

The Emergency Preparedness Volunteers assist Ford's Colony Security personnel during storms and natural disasters by answering phones at the CSB and/or the John Pott Guardhouse, or by directing traffic in areas of flooding or ice covered roads. Volunteers who work outside always work with a buddy, never alone. If you would like to be an EP volunteer, contact Linda Eichhorn at 757-221-8214 or linda8214@gmail.com.

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FIT FOR LIFE

Fit for Life is a program of strength and flexibility exercises to help you maintain a healthy body regardless of your age, ability or physical condition. The exercises we perform are not strenuous; they can be performed by both men and women. Everyone accomplishes the movements according to his/her own capabilities.

Our exercises stress balance, coordination, and flexibility and muscle control. Physical activities include: walking, stretching, ball and bungee sequences, mat and chair work, and movements to music. The only equipment needed is a floor mat and a sense of humor.

Fit for Life is an adaptation of the national program *Body Recall*, which has been a leader in fall prevention and fall recovery. *Body Recall* was recently designated by the U. S. Department of Health and Human Services as a Tier 1 provider for improving the health and well-being among older adults.

Fit for Life's mission is to provide a program of exercise and education to get participants moving and keeping them physically active to maintain a healthy body and improved quality of life.

Our group meets at 8 a.m., Tuesdays and Thursdays, for one hour in the CSB Exercise Studio. Domenica Jernigan is the instructor and a registered nurse. She can be contacted at 757-784-7682.



FLY FISHING

Fly-fishing meetings start again in September after two months off for the summer. Our next club meeting is Tuesday, September 20, at 7 p.m. at the S&T Club. The meeting will review fishing trips planned for the coming year and activities tailored for beginners. A trip is already scheduled for Escatawba Farm near Covington on October 26, 27, and 28. Trips are planned to Tomahawk Farms, Rose River, Mossy Creek, Jackson River and

Back Creek. Local trips and salt-water fishing will be discussed.

If you are interested in fly-fishing, contact Leif Mollo at 757-229-5244 or lmollo@mindspring.com. Anglers can also see fish caught on recent club trips to Escatawba Farm, Mossy /Beaver Creek, Rose River, and elsewhere on our Facebook site: [facebook.com/ford-colonyflyfishingclub](https://www.facebook.com/ford-colonyflyfishingclub).



FORD'S COLONY VOLUNTEERS FOR EDUCATION

If you are looking for a new, rewarding, community service opportunity, please consider helping our local school children by joining Ford's Colony Volunteers for Education. You can make a big difference in our students' lives just by spending a small amount of time with them. Residents volunteer at any level of commitment: as little as one hour once a week to as much as they would like. No previous experience as a professional educator is required. W-JCC teachers, guidance counselors and subject specialists will provide an orientation to the school, training and ongoing assistance.

Each volunteer is partnered with a child who needs additional individualized attention that will help them on their way to literacy and learning success. Our program has been recognized by the W-JCC Public Schools as a needed and valued community partner because of the enriched learning experience our residents provide for the children.

For further information on becoming a Ford's Colony Volunteer for Education, contact Muriel Slaughter at 757-221-8232 or mkslaughter1@verizon.net.



FRIENDS AND NEIGHBORS

The Friends and Neighbors Club meets the first Friday of each month at 6:45 p.m. at the S&T Club, September through June. Our mission is to provide opportunities for residents and property owners to gather together for

informative programs, entertainment and fellowship. For more information and to join, go to fcfan.org, or sign up at the door. Dues are \$10 per person. New members are always welcome.

September 2—Jayne Barnard, W&M Professor of Law, Emerita, kicks off our year discussing impending cases on the Supreme Court's 2016/2017 term. Together we will examine the factual backgrounds of a few cases, the human beings involved, the legal issues raised, and the arguments likely to be presented by the lawyers. The cases will include some under-the-radar cases that journalists don't cover, but hold significant human interest.

October 7—Dr. Bob Holsworth returns to share his keen political insights and his take on the upcoming elections with his talk "The Presidential Election and the Political Landscape in the Nation." Bob has spoken numerous times and has kept us engaged with his analysis. He is the Managing Partner at DecideSmart, a longtime Virginia political analyst, and the former director of the Wilde School of Government and Public Affairs at the Virginia Commonwealth University.



Photo courtesy of Bob Holsworth

November 4—Leo Titus joins us to provide his personal story as a member of the "Pentagon 9/11 VA Task Force One's Search & Rescue Mission." An evening not to be missed.



GARDEN CLUB

Our first meeting of the year will be on Wednesday, September 14. We meet at S&T Club beginning with coffee and hospitality at 9 a.m. You don't have to have a green thumb to join and enjoy our programs and social time together. We think you'll be excited when you hear about all of the activities planned

for the year. There will be activity sign-up sheets so bring your checkbook and you can bring/take a plant from the plant exchange.

The first program of the year will be presented by Marie Butler. Marie's topic, 'Foliage, Flowers and Fashion', will be given with her trademark sense of humor. Come and hear what Marie means by "open your horticultural eyes and hearts" to possibility.

The fall trip will be Friday, October 21, to Richmond, incorporating VMFA's exhibit "Fine Arts and Flowers," lunch at The Tobacco Company, and docent-led tours of Agecroft Hall with its fascinating history and sumptuous English gardens. Sign up at the September meeting or leave your \$80 check with your name in an envelope marked GC Fall trip at John Pott gate. There will be no refunds, but you may find a replacement.

If you have not joined garden club yet, you may drop your check for \$15 at the John Pott gate. Make your check out to FCGC and note your name, address, phone number and email. Please note "Garden Club Membership, Attn: Vicki Trainor" on the envelope. Or bring your \$15 to our first meeting on September 14. For more information, email fc.gardenclub16@gmail.com.



GENEALOGY CLUB

On September 15, at 7 p.m. at the S&T Club, the Genealogy Club will host Beth Hanson, the club president, presenting a lecture on immigration records and ship passenger lists.

The Genealogy Club is comprised of people whose ancestors came from many states and various foreign lands. Club membership offers the opportunity to speak with other club members about research challenges similar to what you may be encountering, and through our meetings, to hear lectures from professional genealogists and historians on subjects of general interest; to learn about the various resources available online and in our community; and how to make the best use of them. Regular meetings are held at the S&T

Club on the third Thursdays of the month at 7 p.m.

Genealogy Club resources on the Ford's Colony website, under "Clubs and Activities," are available to everyone, not just club members. It contains listings of reference books owned by club members available for you to borrow; Tidewater Genealogy Society bus trip schedules to Washington, DC (DAR Library, National Archives, Library of Congress); and much more. Finally, "Like" us on Facebook for updates to meetings, Tommy's pointers for researchers, and more contemporaneous information than that found on our website. Currently, find out what's happening with Ancestry's "Family Tree Maker," *Findmypast.com* partnership with FamilySearch International, and more.



GOLF & DINE SOCIETY

The Golf & Dine Society (GDS) had a bright and sunny afternoon for its July 17 outing at Colonial Heritage. In the warm sunshine, teams played a captain's choice format and then ate in the Magnolia Room at the club. New members were welcomed and all golf awards were distributed after dinner.

The next GDS outing will be Sunday, September 18, at The Williamsburg Club. This club is usually a challenge simply due to the exquisitely fast greens. This is also a private club made available only through a GDS member who is a member of The Williamsburg Club. Sign up for this event is via an internet distributed reservation form. To sign up to play, send a request email to gws313@cox.net. All players are expected to remit annual family dues of \$5 to the GDS. Make payable and send to Bill Farwell at 113 Killington, Williamsburg, 23188. Results of the July outing may be found on the Scores page of this TOC.

The GDS is open to all Ford's Colony residents and owners. Outings are scheduled monthly throughout the spring, summer, and fall. Typically, nine holes of golf are played on a course in the Williamsburg area, followed by a

meal at either the club or a local restaurant. All levels of golf achievement are welcomed and handicapping permits all players an opportunity to win prizes.



HOME BREWERS

The Homebrew interest group members meet to exchange recipes, techniques, experiences and brewing knowledge to better enable us to produce high quality, flavorful beer at home without the additives and chemicals used in commercially processed 'tasteless' beer. We also visit the many local microbreweries to get current knowledge about the microbrew industry. At our irregularly scheduled meetings, we conduct beer tastings which give the members a chance to see what others are doing and to discuss ways to improve. At times, others, who no longer enjoy this hobby, will offer up their equipment, and our members can often pick up items to add to their own equipment and supplies.

For further information, call Walter Maginnis at 757-272-99 or walter.maginnis@verizon.net.



INTERMEDIATE BRIDGE

The Intermediate Bridge Club was organized to create a fun and competitive game of better bridge players who want to continue improving their bidding/playing skills. This is not a duplicate game; in fact, we use Chicago scoring. As a starting point, all players use Modern Bridge bidding methods to include weak 2's, transfers, and point counts. We meet each Wednesday and/or Thursday at 1:15 p.m. at the S&T Club. Please leave a three-hour block of time each day to finish play. Timely newsletters are sent out to describe popular conventions and methods of improved play. On Wednesdays at 1 p.m., we have 15 minute tutorials to discuss recent newsletters. If you have any questions, please contact our coordinator Jack Geiger at findjack@cox.net.

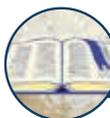


MAH JONGG MAVENS

The Mah Jongg Mavens are an enthusiastic group of ladies who come together twice a week to indulge their love of playing Mah Jongg. We play at S&T Club on Wednesday afternoons from 1 to 4 p.m. and again on Saturday from noon to 3:30/4 p.m.

We play American Mah Jongg for points and only play hands that appear on the official 2016 National Mah Jongg League card. On Wednesday the player with the highest point total earns the Mahj Queen crown for the week. Saturdays are just for fun. New players are always welcome.

For additional information and to let us know that you plan to play so we know how many tables and sets we will need, contact Jane Flagello at drjaner@sbcglobal.net. Happy Mahjing!



MEN'S BIBLE STUDY

We are continuing our study of Acts and are presently around Chapters 6 to 8, which relate the beginning of the persecutions of the Christians and the conversion of Saul. Come meet with us each second and fourth Thursdays, September 8 and 22 at 9:30 a.m. at S&T Club for a stimulating, enjoyable discussion of the messages of the Bible. For further information, call 757-903-2793 or femensiblestudy@earthlink.net.



MODEL RAILROAD CLUB

Welcome back. Hope you were able to ride the rails at least once during the summer.

We will resume monthly club meetings at 7 p.m., Thursday, September 1, at the S&T Club.

Mark your calendars for the Annual Ford's Colony Model Railroad Open House, 1 to 5 p.m. on Sunday, November 6. Invite the grandkids now to join you on the tour.

For more information, visit our club

webpage at fchoa.org or contact Dean Risseeuw at 757-258-4887 or Dean.Risseeuw@yahoo.com.



MONDAY EVENING BEGINNERS BRIDGE

Bridge players new to the game are welcomed to join us at the S&T Club from 7 to 10 p.m. on the third Monday evening of each month, except December, July and August, to play non-competitive fun bridge. This group is for players who have recently learned the basics of contract bridge and who are developing their skills while playing with others at the same beginner's level. Players may refer to game notes and to other players for guidance while playing. However, this is not a teaching session and players are expected to know the basics of contract bridge. The kick-off session is Monday, September 19. Players pay \$2 the first time they attend and \$1 per session thereafter. Space is limited to 40 players on a first come basis. To sign up, please contact Arlene Krupinski at ackrup28@aol.com or Janie Chamberlain at janecham75@gmail.com.



MONDAY MORNING BRIDGE

Join us for bridge each Monday morning at the S&T Club at 9 a.m. for three hours of interesting and challenging bridge play; this is social bridge and not a class. However, players of all levels are welcome. We start play promptly at 9:15 a.m. with four rounds of six hands in each round and with a different partner for each round. Cost is only \$1 with cash prizes awarded to the four highest scores of the day; the person with the lowest score receives their dollar back.

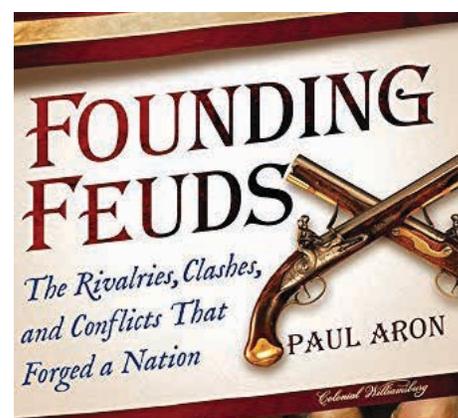
Listed are the weekly hosts for September. You may call the host for the week you desire to play to reserve a seat as the host must obtain even tables of players. If you signed up to play on an upcoming Monday and find that you cannot play, please contact the host before that Monday morning to cancel.

For general questions about Monday Morning Bridge, please contact Carolyn Stowe at 757-564-8550 or thestowes@cox.net or Debbie Boggio at Dboggio1@gmail.com.

Sept 5 No Play (Labor Day)
 Sept 12 Nancy Ohlinger 757-229-7568
 Sept 19 Madge Spitteler 757-784-3451
 Sept 26 Janice Miller 757-229-7820
 Oct 3 Donna Whittaker 757-585-2622



NEWCOMERS



Newcomers is ready to kick off an exciting year on September 16, at 6:45 p.m. at the S&T Club. We're celebrating Newcomers 20th birthday! Our special guest is Shirley Mitchell, a co-founder of Newcomers. Then, with our current political scene and upcoming elections forefront in all our minds, our speaker Paul Aron, Director of Publications for Colonial Williamsburg, will take us back to our founding times where we will learn that the political fighting is not that different today than it was then.

Paul is the author of *Founding Feuds: The Rivalries, Clashes, and Conflicts That Forged a Nation*. The official description of the book really says it all: "Think partisanship has never been so bad? Think again. *Founding Feuds* shows the founders not only debating but also smearing, screaming, spitting, and occasionally shooting at each other—their politics every bit as polarized as ours." You will have an opportunity to purchase the book with a book signing to follow. All book proceeds go directly to the Colonial Williamsburg Foundation.

We will have more than a meeting, it's a Night Out! Come socialize with new friends, enjoy delicious snacks and sign up for one of our club activities such as Wine and Dine, Book Group or Mix and Mingle, which will be on the first Sunday of the month, a change from previous years. New this year, those who wish to continue socializing after the program can join their fellow Newcomers at Murdoch's at the Ford's Colony Country Club where there will be Newcomers appetizer and drink specials available.

Are you new to Ford's Colony and haven't had a chance to join Newcomers yet? Come to our first meeting of the year, and you can sign up for membership and start the year with us. For any questions you may have, contact Eloise Branden, president, at FordsColonyNewcomers@gmail.com.



NEW RESIDENT WELCOME COMMITTEE

The goal of Ford's Colony New Resident Welcome Committee is to welcome all new residents to the Ford's Colony community. Our volunteers visit new residents and give them a packet of information on what is available within Ford's Colony as well as the greater Williamsburg area. Our sole purpose is to let new residents know about the many activities, clubs, and non-profit organizations that are available to them. If you are a new resident who has not been contacted yet, email one of our co-chairs: Janet Joyce at Joyce.janet@sbcglobal.net or Pat Giles at patgiles111@gmail.com.



PICKLEBALL

For September, we will be playing pickleball at the S&T Club on Mondays, Tuesdays, Wednesdays and Fridays at 8 a.m. Note that Tuesday is a new added time. Whether you are a new player or have some experience with the game, we'd love to have you come join us. The group that plays is extremely friendly and has a lot of fun playing

together. We play round robin style to keep it interesting.

We welcome new members. Feel free to stop by and watch or join us for a game. It's great exercise, a good way to make new friends and enjoy some time out in the fresh air.

Please be sure to contact POC's at the bottom of the article to get on the pickleball distribution list. You will see an email from us a day before we play asking who is interested in playing the next day. We keep all informed by asking that you reply to all on your response.

POC's: Beverly Thomas, lead, at Bjthomas6024@gmail.com or 215-350-9762; Roger Allen at rogercallen@yahoo.com or 757-229-2271; Steve Maurer at sdmaurer@verizon.net or 757-572-1581.



PILATES CLUB

The Pilates Club meets Monday, Wednesday, and Friday at 8:15 a.m. at the CSB Exercise Studio. Contact Missy at missykerner@hotmail.com with any questions.



PILATES FUSION FOR GOLFERS

By combining Pilates and Yoga, our focus is to improve balance, flexibility, and core strength for all levels of fitness, keeping in mind the physical demands of playing golf. We meet Mondays and Thursdays at 4 p.m. at the CSB Exercise Studio. Contact Linda Burke at 757-564-0169 with any questions.



PINOCHLE CLUB

Are you looking for something fun to do on Thursday afternoons? Do you like playing cards? Do you like to socialize and meet new people? Why not join us for a few rounds of pinochle. Whether or not you are an old hand or just learning, we would love for you to join us. We play double deck pinochle every Thursday from

1:30 to 4:30 p.m. at the S&T Club. We will be playing September 1, 8, 15, 22, and 29 if you would like to get to know us. The rules have never changed, but a set of rules are available to refresh old minds if you would like.

If you would like to know more about the Pinochle Club or would like to try us out, contact Bill Loscalzo by using the Residents directory at fchoa.org. Please let us know in advance so we can reserve a seat at one of the tables.



ROUND ROBIN BRIDGE

We are a group of people who play casual bridge using the Chicago scoring. We meet the second Thursday of each month, September to June. Our first night of play is September 13. Please come at 6:45 p.m. so that we can review the rules and collect dues. We will start playing promptly at 7 p.m. The cost is \$20 for the year. Cash prizes will be awarded at the banquet the end of June. If you are interested in joining Round Robin Bridge, contact Rich Plate at rbplate@aol.com. We'd love to welcome new faces as well as see those who have been a part of RR Bridge before.



SILVER SNEAKERS®

Silver Sneakers® is designed to improve well-being through fitness education involving strength training, balance, and flexibility. The goal is to improve physical and mental health, minimize age-related physical degeneration as well as improve cardiovascular endurance, muscular strength, flexibility, agility, balance and coordination. Exercises are performed while either seated on a chair or standing. Weights, stretch bands, and a ball are provided. Participants must wear sneakers and clothing appropriate for exercising. Also, bring a bottle of water to drink throughout the session.

Our group meets at the CSB Exercise Studio, at 11 a.m., Tuesdays and Thursdays, for approximately one hour

and is open to both men and women. Our certified instructor is Sonya Thomas (CardioFit, Muscular Strength, Range of Motion and First Aid CPR AED). Contact Sonya at 757-254-4917 to register for the class. For general information, please contact Harlene Barton at 757-259-0424 or harlenebarton@gmail.com.



**FORD'S COLONY
SOFTBALL LEAGUE**

Our fall season starts after Labor Day and runs until the end of November. New members are always welcome. Please contact Joe DiNuzzo at vadinuzzo2@gmail.com for more information.

Ford's Colony Softball is a slow-pitch, recreational softball group, consisting of men and woman over 40, but guest players under 40 also are welcome. We play one pick-up game per week, Saturday mornings, on the field at the Westbury Park recreational area. Also, this year we added an evening game during the week. Our split season goes from April through June and again from September through November.



SOLITAIRES

Solitaires is a social group of Ford's Colony residents who are single or single again. Our 2016-2017 season is about to begin and includes outings to a variety of events and places.

We will kick off our new social calendar in September with a continental breakfast meeting at 9 a.m. on Tuesday, September 7 at the S&T Club. Breakfast is free to all paying members. For those who have yet to send in their \$8 dues, checks should be made payable to *Ford's Colony Solitaires*.

Our next social will be our regular third Thursday dinner at Murdoch's on September 15 at 6 p.m. Please contact Joan Emerson at 757-229-4703 or joan.emerson@yahoo.com if you plan to attend. The deadline to sign up for this event is September 11.

Our October activities include a trip on Saturday the first to visit Occasion for the Arts, a visual and performing arts festival in Merchant's Square. Lunch will follow at a local restaurant. Please notify President Rolph by September 26 if attending.

For any questions about Solitaires contact Roy Rolph at 757-258-9016, Harold Hall at 757-345-5726 or Janice Svendsen at 757-258-0244. We look forward to seeing everyone soon.



SWIM TEAM

Congratulations to the Ford's Colony Killer Whales Swim Team for a successful season. The Killer Whales finished in second place as a team in Division 2 of the Virginia Peninsula Swim Union. Thank you to the 130 swimmers, five coaches, and countless parents and volunteers who made this eight-week season fun, competitive and successful. What a great season! For more information on the swim team, go to fordscolonyswimteam.teamapp.com or contact Kelly Arne at kellyarne.fcst@gmail.com.

Go Killer Whales!!



Photo courtesy of Lisa W Cumming Photography

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TAI CHI

NHI HAO... HELLO

The Ford's Colony Tai Chi Club has finished Part I, Portion One of their Fall Semester; this training focused on Qi Gong for five weeks.

Part I, Portion Two will focus on the first portion of Sun Style and will run for five weeks from August 10 to September 7.

The Fall Semester Part Two will run for ten weeks from Wednesday, September 14, to Wednesday, November 16, and will focus on the remainder of Sun Style. A winter break from Wednesday, November 23 to Wednesday, December 28, will conclude Tai Chi for the year.

All Tai Chi instruction is conducted in the CSB Exercise Studio on Wednesdays from 4:30 p.m. to 5:30/6 p.m. Each instruction includes all or part of Tai Chi breathing drills, Tai Chi walking, balance, movement drills, and specific form movements, Yang or Sun Style.

Present members, interested Ford's Colony residents, and interested non-Ford's Colony residents are all invited to participate. Tai Chi is offered at a minimum cost. Contact Elmer May, President, at 757-259-9905; Linda Thomson, Vice President, at 757-229-3195; or Susan Deane, Treasurer, at 757-849-2404.

ZHAI JIAN... GOOD BYE



TENNIS CLUB

Save the Date of Saturday morning, October 22, for the Invitational with Two Rivers. Rain date is October 29. More information will follow.

The next Men's Tennis Social is scheduled for Monday, September 12. Contact Mike Harbin at michaelcharbin@cox.net for more information.

The Fall Ladies Interclub Tennis (Ford's Colony, Kingsmill, Two Rivers, and McCormack Nagelsen Tennis Center-MNTC) is scheduled for each Wednesday beginning September 14 through October 19 with a rain date of October 26. All ladies who are members of the Tennis Club are invited to participate, and all skill levels are welcomed. This is a great way to get to know your fellow tennis enthusiasts in the Greater Williamsburg Area. Contact Pam Neuhaus at pmneuhaus@yahoo.com or 757-903-4163 for more information or to obtain a sign-up sheet.

The 2016 Charity Tennis Classic Women's Doubles Tournament will be held at McCormack-Nagelsen Tennis Center on September 13-14. They are looking for players and donations. The Wine Gala is not available anymore and so they will lose that opportunity to raise money for their three deserving charities: CASA, Avalon and Latisha's House. The CTC is trying to help local women and children in so many ways and hopes many tennis players will be a part of that. 99.9% of each donation goes directly to the charities. More information about the tournament,

including donation and player entry forms, can be found on their website: sites.google.com/site/charitytennis-classicinc. Becky Strohmeier can also answer any questions about the event at bbstrob@cox.net.

If you are interested in membership in the Tennis Club, contact Membership Director Bob Cleveland at rwc4141@aol.com.



THEATRE CLUB



Photo courtesy of Ben Steen Photography

HEEEEE'S COMING... YES, ELVIS WILL PERFORM FOR YOU AT THE SEPTEMBER THEATRE CLUB. Be there!

The Theatre Club opens its new season with a very special show open to all on Friday, September 9 at 7:30 p.m. at the S&T Club. For those not acquainted with our guest entertainer, Anthony Lee Wood, you're in for a delightful treat.

Anthony is a professional entertainer, well known in the area for many years as a singer, comedian, and impersonator. He performed twice in shows at Ford's Colony in 2004 and 2008 to standing room only audiences. One Ford's Colony couple told me they have followed him to many other venues throughout Virginia and even retained him for their 60 guests at their Fiftieth wedding anniversary. Does the term "groupies" sound about right?

For this special show, the Theatre Club is not charging an admission fee, but you must have paid your 2016-17 membership dues, \$10 per person, beforehand and left the check at the John Pott gate. Add your phone number and email address to the envelope



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and tell us if you will be coming to the show. Those non-members who want to come are welcome but subject to capacity constraints and must pay \$10 at the door. This gives you the 2016 - 2017 membership with free admission for all other shows. See the agenda for the season in this issue of the TOC. It's cabaret seating, so BYOB.

The next show will be a rousing Octoberfest.



TRAILBLAZERS



Trailblazers biking the Virginia Capital Trail cross the Chickahominy Bridge.

Photo by Tom Thompson

We invite you all to join us on Monday, September 12 at 7 p.m. at the S&T Club for a presentation by Beth Weisbrod, Executive Director of the Virginia Capital Trail Foundation, and Katie Gaskins, Director of Operations and Outreach, who will share the 15-year journey to create Virginia's world class multi-use trail in and near "our home town."

The concept of a designated "bicycle corridor" along scenic Route 5 dates from 1991, when VDOT reported recommendations of the "Route 5 Corridor Study" to the Governor and General Assembly. A feasibility study of a "bicycle path" from Williamsburg to Richmond was begun in 1996 and completed in 1999, confirming its viability. In 2006, with Federal funds in hand, then Governor Tim Kaine presided at the opening of the Greensprings section; a year later Governor Wilder opened the Richmond Riverfront section. The entire 50+ mile trail was completed and opened last October.

We are also starting our fall "Adventure Outings," which can be

found at fchoa.org on the "Activities and Club" page. To participate in these outings, you need to be a club member. Annual dues are \$5.



Photo of Prince Butler on the Capital Trail.

Photo by Ted Hanson



TRAVEL CLUB

A good time was had by all at our opening meeting and BBQ where we also announced our fall schedule.

September 27, 7 p.m. "We are the so many who owe so much to so few." – *The Matthews Men*. Author William Geroux will immerse us in the tales of these few brave men and share information about their lives. Come and listen to Bill tell us about our neighbors, heroes to all.

October 11, 10:15 a.m. In keeping with the nautical spirit, we have planned a delightful day in Yorktown, car-pooling from the S&T Club at 10:15 a.m. David Bowditch's Hornsby House Inn Bed and Breakfast will be our first stop with a private tour of this beautiful house. Lunch is on one's own at the Yorktown Pub, followed by the Waterman's Museum with private guided tour and culminating with a sunset sail on the schooner Alliance from 4:30 to 6:30 p.m. The cost is \$37 per person and includes tours and sail. Reservations are due by September 8; drop your checks off at John Pott Gate. Contact Dorothy Raskin at 757-565-1261 or djhraskin@verizon.net.

October 25, 7 p.m. Scandinavia and all its glory will be presented by Barry Weiss' Odyssey Travel, our tour planner who did our very successful Israel trips. Come and learn the details,

proposed itinerary and general cost. Those who went to Israel know we are in good hands with Barry.

November 3 we are off to Petersburg to tour the beautiful Center Street Mansion, where Lincoln stayed and spoke. In addition, our tour includes a visit to Blandford Church. Lunch is being arranged and included. The cost is \$58 per person based on 30 people. Contact Jan Leslie at 757-221-0850 or rjleslie@cox.net.



WILLIAM & MARY FAN CLUB

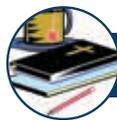
The long hot summer is over. The Tribe has its first football game September 1 against North Carolina State and another away game against Hampton University on September 10. The first home game is September 17, 6 p.m. against Norfolk State.

On September 4, an open house will show off all the renovation work completed on Zable Stadium. In addition to the new seating on the west side of the stadium, there are new restrooms, a new, larger press box and media rooms, much needed handrails leading to seats, elevators to access the upper seating, and a new, improved playing surface. Zable Stadium will be the place to be and a fun place to watch our Tribe football team.

William & Mary has been recognized as a CAA powerhouse. Richmond University, the pre-season favorite, returns dozens of seasoned players. Richmond is the favorite to win the CAA championship, but the Tribe is the second choice. Senior QB Steve Cluley heads up a hungry team that last year shared the championship with Richmond and James Madison, who is also in the prognosticators' ranking.

In addition to football games, the Tribe has a Quarterback Club. Ford's Colony fans can hear Head Coach, Jimmie Laycock each Monday night at William & Mary Hall discuss the previous week's game. The Coach brings three "stars" of the game: one each for the offense, defense and special teams. The players answer questions from the audience as does Coach Laycock. It's

neat to hear the young men and their insights. Coach Laycock is guarded with his comments and the audience is expected to keep comments and question very positive.



WOMEN'S BIBLE STUDY

Please join us on Tuesday, September 13, from 9:30 to 11 a.m. at the S&T Club for our brunch and introductory meeting of 2016-2017. Women, who are new to Ford's Colony or new to our club, as well as our returning members are invited. All women are welcome, whether you are new to the Bible or whether you have been reading it for years. We will gather each Tuesday through May 2, 2017.

We will be studying "Wise Words for Women: Selections from the Books of James, Proverbs, and the Words of

Jesus," which focuses on real-life topics and how to live out faith in practical terms. This fall we will begin in the Book of James, which has been called the "Proverbs of the New Testament." We will address topics that we all encounter, such as trials, temptations, partiality, prejudice, use of the tongue, perseverance, and more.

Each week a lesson will be presented by one of our teachers, followed by a "Table Talk" discussion. No homework is ever required, although you may choose to read the suggested weekly passage. Participation during our discussion time is voluntary.

Our members are encouraged by the friendships formed, by the relevant lessons, and by considering one another's perspectives. Come and meet with us for what promises to be a wonderful year together. For further information, please contact Stephi Fisher at 757-291-4888 or Stephif1@cox.net.



YOGA

Our group is five years strong! What a great feeling. We thank everyone who joined us and welcome you to practice with us any time.

The Yoga group meets Tuesday and Thursday mornings, 9:15-10:30 a.m. in the CSB Exercise Studio. On Tuesdays, we often go for coffee after class. In September, we will have all the classes.

Yoga is for every body and everybody. In our classes we learn how to balance our own stretch and strength to optimize poses/postures. What we learn in class we can take with us to practice at home, on the court/course, or on vacation. If you would like to learn some helpful ideas for your wellness, come join us for a few classes or more.

Inquiries? Contact Tricia at yoga-classes@cox.net.

SCORECARD

**GOLF & DINE SOCIETY AWARDS
JULY 17, 2016
COLONIAL HERITAGE GOLF CLUB**

Closest To The Pin – Larry Zensinger

Longest Drive – Ladies – Fran Lockard

Longest Drive – Men – Jack Moon

Low Gross Team Score – 34 – Joan Farnum, John Lynch, Larry Zensinger

Low Net Team Score – 3rd Place – 36 – Larry Stowe, Ralph Spohn, Tony Nappi

Low Net Team Score – 2nd Place – 35 – Bob Capowski, Brian Harmon, Chris Schwenker, George Spalthoff

Low Net Team Score – 1st Place – 34 – Audrey & John Chiricotti, Bruce & Sharon Hurwitz

Stableford High Score – Jim & Fran Lockard, Don & Linda Baker

Golf Is Hard Award – Ralph Abrams, Jack Moon, Mike Boyer, Don Seyka

Thanks to all the residents who made Ford's Colony Day a huge success!

Photos by Barb Plate and Jan York



HOUSEHOLD**Westinghouse WH7000 Portable Generator - \$450**

New, never used. One-touch electric EZ start, 420cc air-cooled OHV engine, 12V sealed battery, simplified color coded user controls, never flat tires, 20', 10-gauge, 30 amp power cord. 7000W Running/8500 Peak Generator. Orig. Price \$899/ from Costco.
Please Call: 757-645-4742 or
Email: winnieg73@yahoo.com

TROY-BILT 5550 Watts Portable Generator - \$425

\$699 when new. Used twice. Necessary when you have NO POWER in your home. Runs the important stuff. Never in the rain. Really like new. One-pull start.
Please Call: 757-258-9724

Girls 7 Piece Bedroom Set - \$1,200

Brass double bed, bedroom set in very good condition. Excellent firm mattress, two sets of sheets, 2 pillows, comforter and dust ruffle. Night stand with matching lamp, desk and chair, chest of drawers, and 2-piece dresser.
Please Call: 757-561-5142

Rice Cooker & Veggie Steamer All-in-one - \$12

Brand new, Model HS90 by Black & Decker, white. Includes owner's manual, original box thrown away.
Please Call: 303-579-1572

Insert for Pottery Barn Kids "Anywhere Chair" - \$40

Brand new & in box. Generic foam insert for a child's oversized, anywhere chair. This is the largest one, so they do not outgrow it quickly. Slipcover can be purchased (\$59 at PB) or made. Dimensions available.
Please Call: 303-579-1572

GE Monogram Beverage Cooler, Model number ZDB24A - \$975

Stainless door with glass front, two adjustable glass shelves; one has a small chip. Holds 12 bottles of wine. 34 1/2 inches high, 24 inches deep and 24 inches wide. Can be used as a stand-alone cooler or integrated into your cabinets.
Please Email: Va52779@gmail.com

Patio Furniture - \$300

Glass-top round table (with center hole for umbrella) with 4 armchairs; chaise; and small side table. White with blue sling seats on the chairs and chaise. Furniture made by Winston.
Please Call: 757-220-2831

Ethan Allen Bennett Chair - \$550

Lightly used arm chair with custom botanical fabric, firm sit, with matching pillow, excellent condition. Will need to pick up.
Please Call: 757-565-5437

Patio Table and Chairs - \$200 or best offer

42" X 84" oval glass and aluminum table and six swivel chairs. Table has opening for an umbrella.
Please Call: 757-206-1759

MISCELLANEOUS**Beginner Acoustic Guitar for Kids w/ Case & Accessories - \$150**

Like new, in excellent condition. Model ST6-1. Slightly smaller than a regular guitar size. Lightweight "Fender" brand case has straps to carry like a backpack. Also included is the Girls Guitar Method Book, with CD, and a guitar pick.
Please Call: 631-682-1020 or
Email: Lisas222@cox.net

Creative Memories Photo Album Supplies - best offer - get it out of my garage

A wide variety of supplies, including albums, stickers, markers and much more. Would prefer buyer to take all or most of the supplies.
Please Email: merlinmtbkr@yahoo.com

Baldwin Acrosonic Spinnet Piano - \$500 or best offer

One owner, needs tuning.
Please Call: 757-258-3916

Department 56 Dickens Village Collectibles

Start planning your holiday decorating with these mint condition pieces. Collection includes Tower of London and accessory pieces. Some retired; original boxes. Must see in person. Will sell individually or as a lot.
Please Call: 757-291-6267

2016 Spanish Timbrado Song Canaries

Bring the beauty of bird song into your home. All birds closed band, raised in a clean home environment.
Please Call: 804-932-9443

Squire by Fender Electric Guitar and Mustang Amplifier - \$250

Gig bag, cable, right handed, excellent condition.
Please Email: thebrucks@cox.net

Alvarez Acoustic Guitar - \$150

Left handed, excellent condition.
Please Email: thebrucks@cox.net

RECREATIONAL/SPORTS**Red & Black Golf Bag - \$30**

Stands easily. Very light weight. Comes with extra tees and 6 golf balls.
Please Call: 757-870-2156

RENTAL**2 Bed, 2 Bath Condo - Sarasota, Florida**

Available Jan-Feb 2017 and Jan-Apr 2018. Completely furnished, beautiful water-view, two heated pools, tennis, walk to Siesta Key Beach, restaurants.
Please Call: 941-400-4808

Shipswatch Duck, NC

4 BR, 3 1/2 bath house, Olympic pool, hot tub, and boat launch. Walk to the ocean or sound. Families only. No pets. Available weeks: Nov. 2-9, 2016, \$1,200/wk., Aug. 11-18 and Aug. 18-25, 2017, \$2,400/wk., Nov. 15-17, 2017, \$1,200/wk. Additional \$300/wk. refundable security deposit.
Please Call: 757-564-3553 or 757-784-3052

Sands of Kahana Oceanfront Resort in West Maui - \$1,800/wk.

3 bedroom, 3 bath condo with pool, hot tub and, restaurant. Private beach. Available July 8-15, 2017 or choose another week from July-

December, 2017 (as available). Minutes from Lahaina and shopping. Golf and sightseeing arrangements available through concierge.
Please Call: 757-564-3553 or 757-784-3052

Seabrook Island/Charleston, SC - \$1,450 per week

Ocean/Golf Resort Villa: 3 BR's each with private bath. Two Club Corp courses on the island. Also tennis center, beach club with 2 pools/bar/restaurant, equestrian center, fitness facility, and a pool at the Villa. Walk or bike to the ocean/beach.
Please Call: 757-345-0562

SERVICES**Dog Walking Services**

I am a resident of Ford's Colony. Do you worry that your canine family member is lonely or needs a potty break when you are away from home? I'm here to help.
Please Call: 703-395-7600

Automotive Buying & Selling Assistance - Reasonable Prices Discussed During Free Consultation

Want a new car but nervous about getting a good deal/getting taken advantage of when selling yours? Ford's Colony resident helping people buy/sell their cars while simplifying the process/making you more money. Contact for further details, references available.
Please Call: 757-903-8452 or
Email: cmcanova@gmail.com

Driving Services

Semi-retired Ford's Colony resident is available to drive you anywhere you need to go. Fully insured, excellent driving record, reasonable rates, clean car, references on request. Call or email to discuss your needs.
Please Call: 757-564-3336 or
Email: gbrown060@gmail.com

Dog Walking Service

I live in Ford's Colony. I love walking & love dogs. I'm available 7 days a week to walk your dog. You can enjoy a day away from home knowing your BFF is getting exercise & lots of hugs.
Please Call: 757-235-2694 or
Email: momontherun11@hotmail.com

Babysitting

Two year Counselor-In-Training at United Jewish Community of the Virginia Peninsula Student of Hampton Roads Academy. CPR/AED/First Aid Certified. Resident of Ford's Colony.
Please Call: 757-565-1325 or
Email: brackenschloe@gmail.com

 denotes photos of the item are available at fchoa.org

To submit your classified ad, please go to fchoa.org and click on "Classifieds" and then click on "Submit your Classified Ad," fill in the appropriate information. Ads must be 40 words or less. Two items may be featured. Classified ads are free to FC residents. There is a \$20 fee for non-residents. All classified ads also appear on the fchoa.org website. All ads must be received by the 15th of each month for the following month. Printed ads are based on space availability.



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Many well-meaning children sometimes decide when it is time for their senior parents to stop driving. In some cases, this decision could be life-saving; however, many studies have found that senior drivers do not pose a greater risk to themselves or to others. Unfortunately, seniors who do stop driving often tend to become depressed. Many automobile manufacturers are adding technological vehicle safety features that can help older drivers remain on the road longer. Some especially beneficial systems are forward collision warning sensors, park-assist video cameras, and navigation assistance that provides more information than a typical GPS.

Seniors who truly must stop driving can avoid depression by employing caregivers to transport them to stores, doctors, and social centers. Driving is just one of the many chores that your loved one may not be able to manage as they age. If you're feeling overwhelmed as those chores fall into your lap, please call COMFORT KEEPERS. We know just how hard this situation can be, for you and for your loved one. Let us help.

**For More Information Call
(757) 229-2777**



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